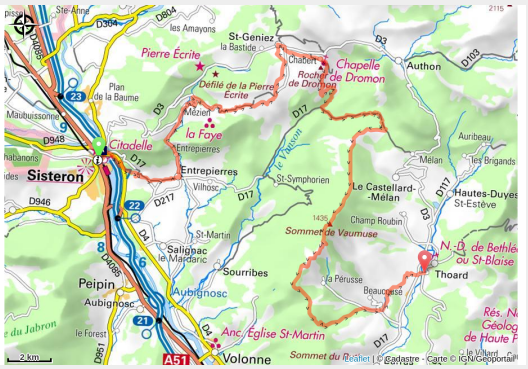
Chemins du Soleil [mountain route]

Sisteron - Sisteron

VTT (CCSB)



This mountain sports route connects Sisteron and Thoard to Digne-les-Bains

Useful information

Practice : Itinérance vélo

Duration : 5 h

Length : 52.5 km

Trek ascent : 2031 m

Difficulty : Hard

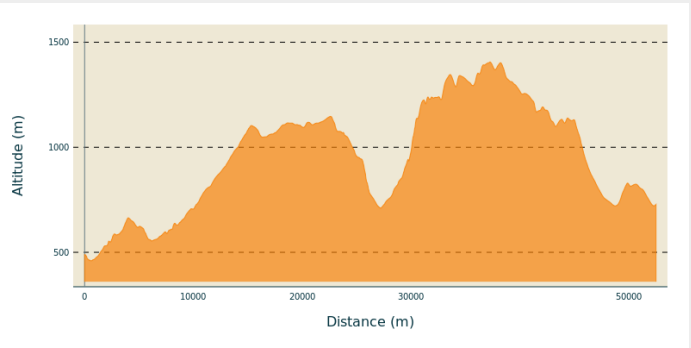
Type : Itinérance

Themes : Off the beaten track

Trek

Departure : Sisteron
Arrival : Thoard
Markings : VTT
Cities : 1. Sisteron
2. Entrepierres
3. Saint-Geniez
4. Castellard-Mélan
5. Thoard
6. Sourribes
7. Volonne

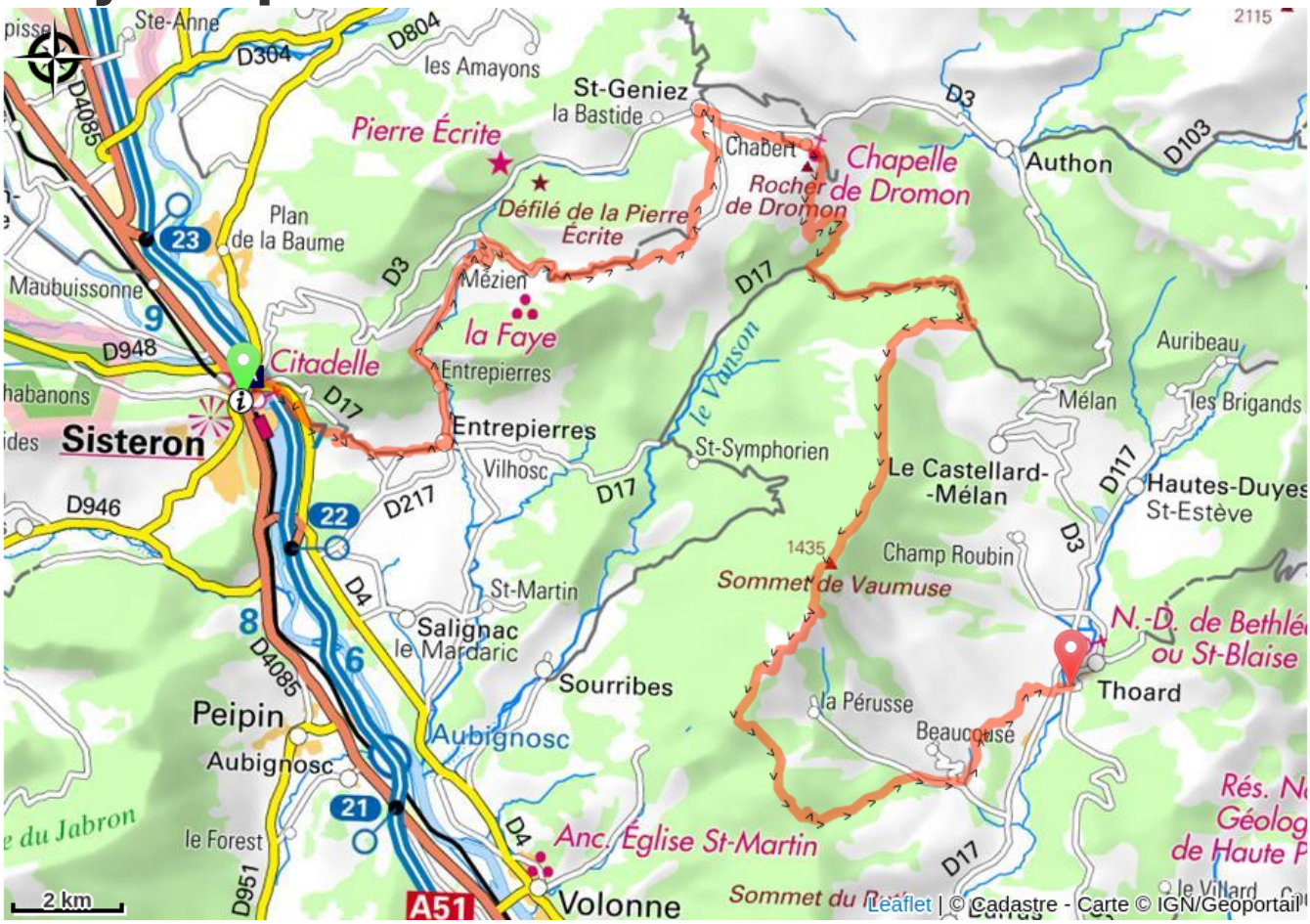
Altimetric profile



Min elevation 460 m Max elevation 1406 m

This route can be completed in two stages:
Day 1: Sisteron – St-Geniez (20 km – 900 m elevation gain)
This section is mostly uphill and easy to ride, with some beautiful trails. The route starts on the old Entrepierres road, which was once the only road leading to the village. It begins at the foot of Montagne de la Baume. Past the Jabron gorge, a series of hamlets line the route up to the pass. The descent along trails and paths takes place beneath the foothills of the Vançon.
Day 2: St-Geniez - Thoard (32 km - 1,100 m elevation gain)
Exceptional scenery, both in terms of the riding and the landscapes encountered—a beautiful mountain biking experience for single-track enthusiasts, provided you're up to the challenge! The climb up the Vaumuse ridges is demanding, a real test of your ability to stay on the bike! A panoramic view stretching nearly 8 km awaits you as you tackle a series of climbs and descents.

On your path...



The Durance River (A)

All useful information

⚠ Advices

Along these mountain bike trails, you'll find suitable lodging options that will allow you to plan your stops however you like.

How to come ?

Transports

Let's limit our trips and use public transportation and carpooling: https://zou.maregionsud.fr

Information desks

Office de Tourisme Sisteron Les Alpes provençales - bureau de Sisteron
1 place de la République, 04200 Sisteron
sisteron@sisteron-alpesprovencales.fr
Tel : 04 92 61 36 50
https://www.sisteron-alpesprovencales.fr/

On your path...

The Durance River (A)

More than a mere river, the **Durance** is a force of nature. From its source in Mongenèvre at an altitude of 2300 metres it rolls its way over 302 kilometres until it finally flows into the Rhône. Over time, there has been greater control by man over the river, particularly with the construction of **the Serre-Ponçon dam**, and it is an essential artery for the Hautes-Alpes.
Source : www.hautes-alpes.net

Attribution : CCSB