

Pélenquine et les crêtes by mountain bike

Sisteron - Authon



Panorama depuis les crêtes (CCSB)



A hike up to the Col de la Sapie and the Clot des Martres ridge, followed by a traverse through alpine pastures with panoramic views, ending with a visit to the hamlet of Briançon.

Follow MTB trail No. 18

Please note: this route is currently being re-marked!

Extensive cleanup and re-marking work is underway, particularly along the Clot des Martres ridge and on the descent to Collet Pointu

Useful information

Practice : Mountain Bike

Duration : 3 h 30

Length : 18.3 km

Trek ascent : 773 m

Difficulty : Hard

Type : Loop

Themes : Off the beaten track, Pastoralism, Summit and pass

Trek

Departure : Village, Authon

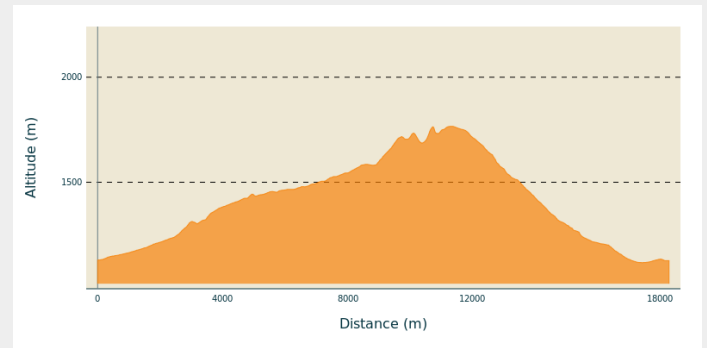
Arrival : Village, Authon

Markings : 🚲 VTT

Cities : 1. Authon

2. Bayons

Altimetric profile



Min elevation 1117 m Max elevation 1766 m



The long but gradual climb along the Pélenquine trail takes you up to the Col de la Sapie (1,744 m) and on to the Clot des Martres ridge.

The route crosses mountain pastures (panoramic views; please do not disturb the herds) and descends via a scenic trail to Briançon (a few technical sections).

On your path...



-  La Bastié source (A)
-  Clot des Martres ridge (C)

-  Viewpoint (B)
-  Viewpoint (D)

All useful information

Advices

- **Warning: This trail is currently being upgraded! Extensive cleanup and trail marking work is underway, particularly along the Clot des Martres ridge and on the descent to Collet Pointu.**
- **WARNING:** On this trail, you may encounter livestock guard dogs tasked with protecting herds from wolf attacks.

To minimize the risk of conflict, bringing pets is strongly discouraged, even if they are on a leash.

Cyclists, please be especially vigilant: upon seeing a herd, **you must get off your bike, stop, and allow the dogs to assess you. Then, give the herd a wide berth, keeping your bike between you and the guard dog.**

In any case, stay calm, avoid sudden movements, and do not attempt to cross through the herd.

→ To learn more about how to behave around livestock guard dogs: <https://rando.sisteron-alpesprovencales.fr/information/14-Les-patous-et-nous-!>

How to come ?

Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

Access

From the roundabout north of Sisteron, take the D 951, then the D 3 to Saint Geniez. Drive through the village and continue on the D 3 to reach Authon.

Advised parking

Village of Authon

i Information desks

Bureau d'accueil des via ferrata

viaferratalecaire@sisteronais-buech.fr

Tel : 04 92 68 40 39



On your path...

La Bastié source (A)

This route goes up onto the wild ridges between the Monges summit and Jouère summit. The rise through the forest allows you to reach the Sapie pass where the landscape opens onto mountain pastures and offers a great panoramic view on the surrounding mountains and further, the Durance valley.

Viewpoint (B)

The Clot des Martres ridge offers a wonderful view on the Monges massif. This hiking route also allows you to reach the Monges summit

Clot des Martres ridge (C)

The Clot des Martres ridge is located between the Jouère mountain and the Monges massif. The Sapie pass (1744 meters) allows you to overcome the ridge, linking Authon to la Sapie. Many waterways arise from the ridge side.

Viewpoint (D)

From the Clot des Martres ridge, a breath-taking panoramic view allows you to see the whole territory. From there, you can admire the Dévoluy and especially the Bure peak, but you can also see the Monges the Lure Mountain and the surroundings