

De la Baume à Entrepierres by E-mountain bike

Sisteron - Sisteron



Passage sur passerelle (CCSB)

This route, suitable for e-MTBs, runs along the base of the Rocher de la Baume and offers stunning views of the Sisteron region and the surrounding mountains. Around Vilhosc, the marl formations provide a beautiful setting where the vegetation struggles to thrive in the arid conditions. The route also winds through beautiful lavender fields. The main technical challenge is at the narrows and during the descent from the Baume.

Blue Level (Easy) on an e-MTB

PLEASE NOTE: Several areas in the Entrepierres region have been vandalized (signs removed, etc.). Please refer to the GPX track. Our teams are currently working to resolve these issues. Thank you for your understanding.
The CCSB Hiking Team

Useful information

Practice : Mountain Bike

Duration : 3 h

Length : 26.3 km

Trek ascent : 768 m

Difficulty : Medium

Type : Loop

Themes : Discovery trail,
Panorama

Trek

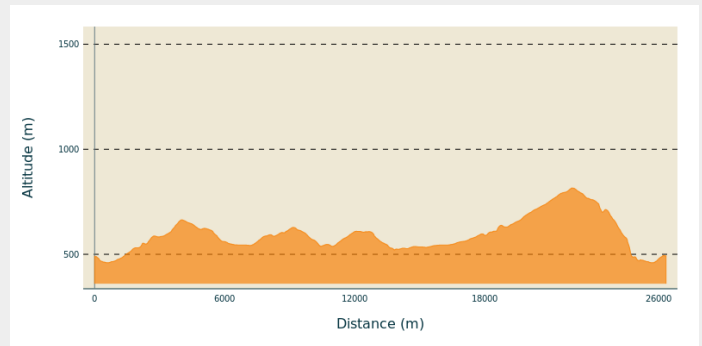
Departure : Tourist Information Office, Sisteron

Arrival : Tourist Information Office, Sisteron

Markings : ⚡ VTTAE facile

Cities : 1. Sisteron
2. Entrepierres
3. Salignac

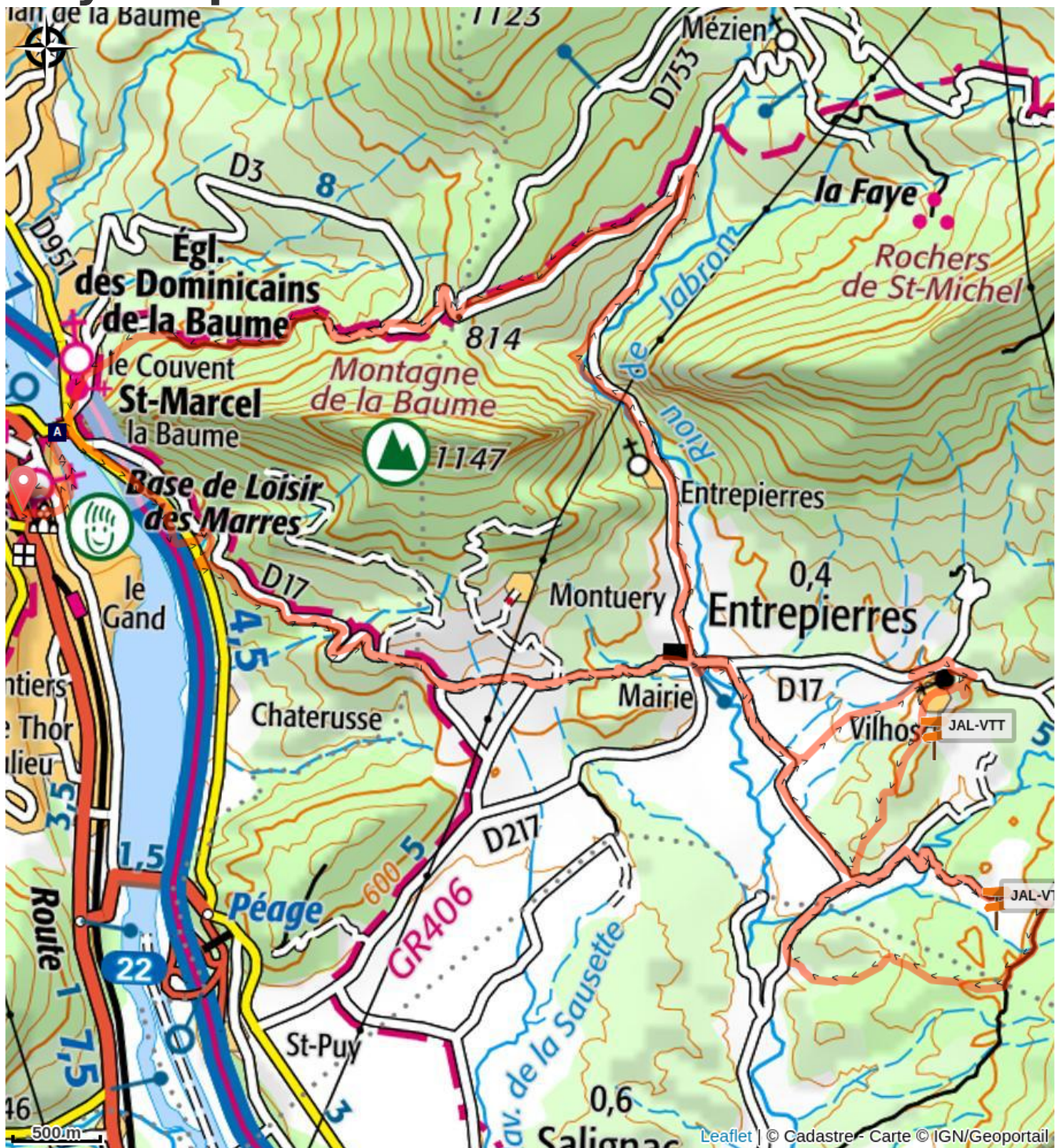
Altimetric profile



Min elevation 460 m Max elevation 816 m

- Starting from the Sisteron Tourist Office, follow the Chemins du Soleil route through the town and past the lake. The route crosses the Durance Bridge, passes at the foot of the Rocher de la Baume, and follows Napoleon's historic road (offering a beautiful view of the town and the valley). A climb up a trail leads to Entrepierres.
- In Entrepierres, the route passes by the boules court rest area. Join the road leading to the Crypte du Prieuré. A trail and a road gradually lead to Vilhosc. The route continues along a path through rolling marl hills. Mountain bikers are already treated to a few scenic views along the forest edge. It's time to take advantage of the undulating marl terrain, which lets you pick up speed and do a few jumps. Head to the hamlet of Les Pignets, where the route heads toward the Pied du Bois trail.
- At the next intersection, turn right onto the short climb along a rolling, shaded trail.
- A final descent brings you back to the road. This road runs alongside lavender fields and the crypt of the Priory before rejoining the starting route.
- Back in the village of Entrepierres, turn left toward Old Entrepierres and continue on a single-track trail called "Le Déroit" (you can also stay on the small road, which is easier). Ride on to the Col de Mézien (814 m). Finish on the north-facing slope of La Baume with a lovely trail that leads back to Sisteron, mostly along the Way of St. James (be careful on the descent; hikers use this route).

On your path...



 The Durance River (A)

All useful information

Advices

- Suggested route for e-MTBs
- The main technical challenge is located near the strait and during the descent of La Baume.

How to come ?

Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

Access

From Gap (50 km), follow Route 85, then take the A12 from La Saulce to Sisteron.

Advised parking

Town hall parking lot in Sisteron

Information desks

Office de Tourisme Sisteron Les Alpes Provençales - bureau de Serres

Place du Lac, 05700 Serres

serres@sisteron-buech.fr

Tel : 04 92 67 00 67

<https://www.sisteron-alpesprovencales.fr/>



On your path...



The Durance River (A)

More than a mere river, the **Durance** is a force of nature. From its source in Mongenèvre at an altitude of 2300 metres it rolls its way over 302 kilometres until it finally flows into the Rhône. Over time, there has been greater control by man over the river, particularly with the construction of **the Serre-Ponçon dam**, and it is an essential artery for the Hautes-Alpes.

Source : www.hautes-alpes.net

Attribution : CCSB