

Crête du Dindaret by mountain bike

Rosans - Valdoule



En pleine nature, dans le Val d'Oule (CCSB)



Follow the mountain bike trail N°8 (VTT N°8)

Straddling the Drôme and Hautes-Alpes departments, the Dindaret Ridge is the highest point of the route, at an elevation of 1,572 meters. It is a spectacular route that demands a significant amount of energy.

With its technical sections on the ridge and on the descent between the Col de Bruis and the Piste des Clots, this black-level route is intended for experienced cyclists!

Useful information

Practice : Mountain Bike

Duration : 4 h 30

Length : 30.6 km

Trek ascent : 1203 m

Difficulty : Hard

Type : Loop

Themes : Discovery trail, Forest, Off the beaten track, Summit and pass

Trek

Departure : Village, Montmorin

Arrival : Village, Montmorin

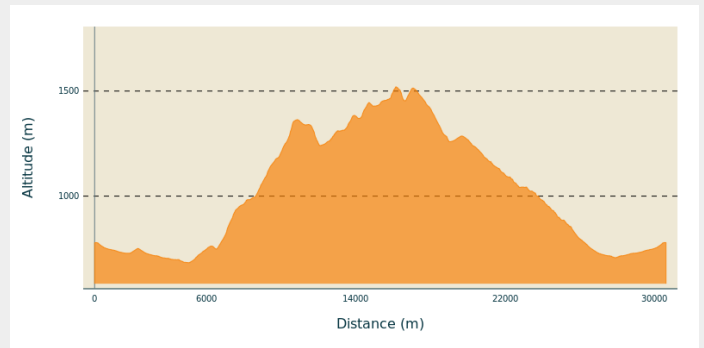
Markings : 🚲 VTT

Cities : 1. Valdoule

2. Saint-Dizier-en-Diois

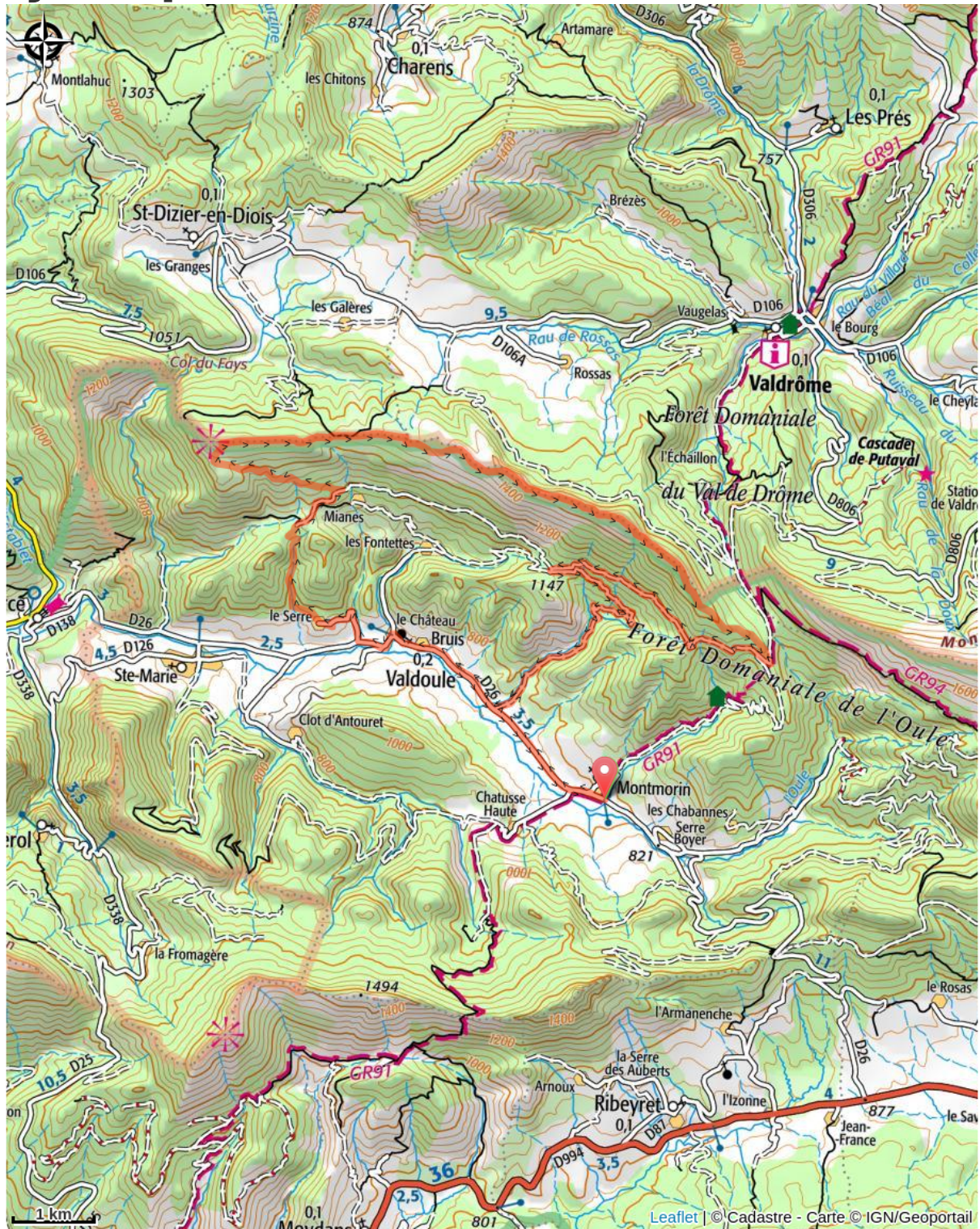
3. Valdrôme

Altimetric profile



Min elevation 683 m Max elevation 1520 m

On your path...



All useful information

AdVICES

- Please note: it is best not to go alone. There are two sections where you will need help carrying your bikes (you should plan for these short portages to get your bikes across so you can safely walk down the steps).
- Due to its exposure, avoid riding too late in the day in hot weather or during thunderstorms.
- Some sections overlap with the “Chemins du Soleil” route.

How to come ?

Transports

- Let's limit travel and consider public transportation and carpooling: <https://zou.maregionsud.fr>
- On-Demand Regular Service: to Nyons or Vaison-la-Romaine: Tuesdays only, by reservation 24 hours in advance at 0810262607 or 0475278419.

Access

From Serres (21 km), take the D 994 west. After L'Epine, follow the D 26 north to Montmorin.

Advised parking

Parking lot in Montmorin

Information desks

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