

# GRP® Tour du val de Méouge

Laragne / Méouge - Barret-sur-Méouge



Crête de l'Ane (Martin Champon)



***With a landscape that blends Alpine and Mediterranean influences, this little-traveled GRP® trail offers plenty of delightful surprises in a relatively wild setting. In particular, it winds through the stunning Méouge Gorges, a Natura 2000-designated site.***

This trail is part of the 1,500 km of GR® and GRP® trails in the Hautes-Alpes department. It is maintained by volunteers from the [Comité Départemental de la Randonnée Pédestre 05](#) (CDRP 05).

## Useful information

Practice : Trek

Duration : 5 days

Length : 78.2 km

Trek ascent : 4536 m

Difficulty : Medium

Type : Itinérance

Themes : History and architecture, Panorama

# Trek

**Departure** : Village center, Barret-sur-Méouge

**Arrival** : Village center, Barret-sur-Méouge

**Markings** :  GRP

**Cities** : 1. Barret-sur-Méouge

2. Sainte-Colombe

3. Ballons

4. Izon-la-Bruisse

5. Eygalayes

6. Lachau

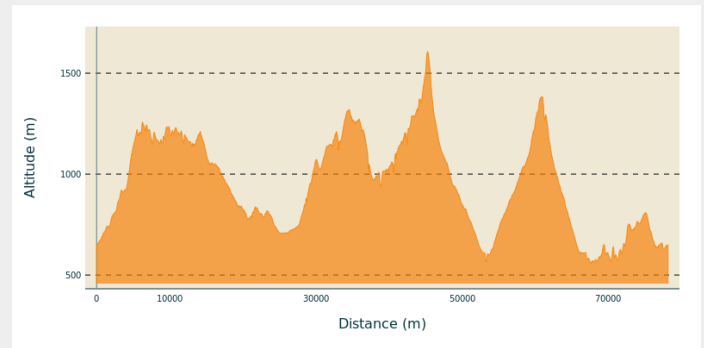
7. Éourres

8. Noyers-sur-Jabron

9. Val Buëch-Méouge

10. Saint-Pierre-Avez

## Altimetric profile



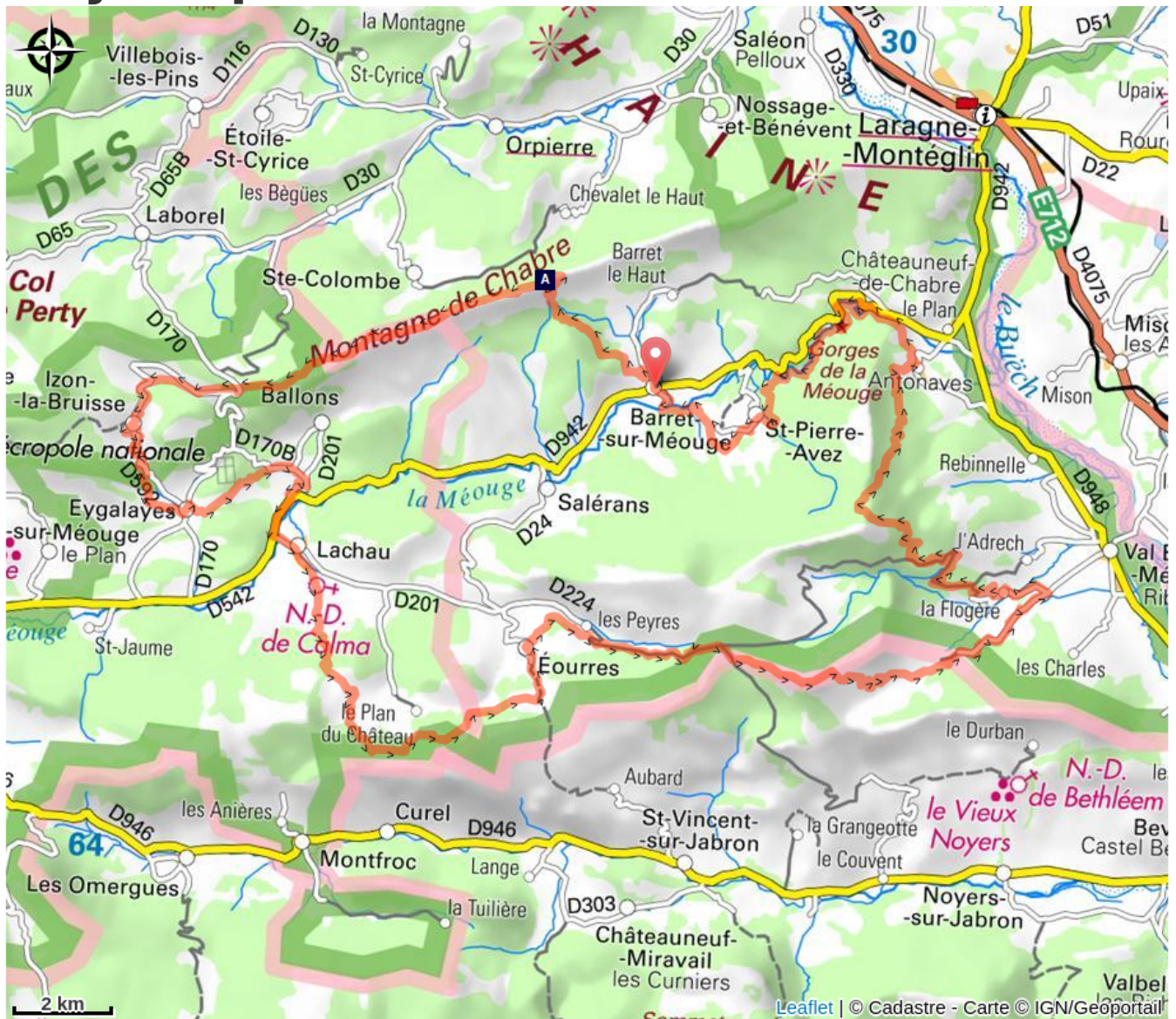
Min elevation 557 m Max elevation 1606 m

Located in the far south of the department, this 5-day Grande Randonnée de Pays (GRP) trail is accessible year-round. At an altitude ranging from 600 to 1,600 meters, the route winds through a variety of landscapes and environments in the heart of the Baronnies Provençales Regional Nature Park. After crossing the famous Méouge Gorges, the route passes through alpine pastures, mountain passes, hills blanketed in lavender, and charming villages such as Eourres, known for its laid-back lifestyle. It also passes through the famous Chabre Mountain and its ridges, renowned for paragliding. A stop in Ribiers, the southernmost village in the Hautes-Alpes, leads to the heart of the many orchards whose fruits are internationally renowned.

## Stages :

1. Step 1 : Barret-sur-Méouge - Eygalayes  
18.9 km / 898 m D+ / 6 h 30
2. Step 2 : Eygalayes - Eourres  
17.0 km / 1011 m D+ / 4 h 30
3. Step 3 : Eourres - Le Secours (Ribiers)  
15.0 km / 967 m D+ / 5 h 30
4. Step 4 : Le Secours (Ribiers) - Antonaves (le Plan)  
12.9 km / 851 m D+ / 5 h
5. Step 5 : Antonaves (le Plan) - Barret-sur-Méouge  
12.3 km / 592 m D+ / 4 h

# On your path...



△ Saint-Ange pass (A)

# All useful information

## **AdVICES**

The Grande Randonnée (GR®) and GR de Pays® trails are registered trademarks of the FFRandonnée, as are the white/red and yellow/red color schemes. The information featured on this website (routes, descriptions, photos) was created specifically by the [Comité Départemental de la Randonnée Pédestre des Hautes-Alpes](#).

## **How to come ?**

### Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

### Access

From Sisteron (25 km), take the D 948, then the D 942 from Le Plan / Antonaves toward the Méouge Gorges.

### Advised parking

Village center, Barret-sur-Méouge

## **Information desks**

### **Office de Tourisme Sisteron Les Alpes provençales - bureau de Laragne**

Place des Aires, N° 05300 Laragne-Montéglin

laragne@sisteron-alpesprovencales.fr

Tel : 04 92 65 09 38

<https://www.sisteron-alpesprovencales.fr/>



# On your path...

---

## △ Saint-Ange pass (A)

Located on the mountain of Chabre, the Saint-Ange pass stands out due to the impressive cliffs that surround it. A climbing site is located there.