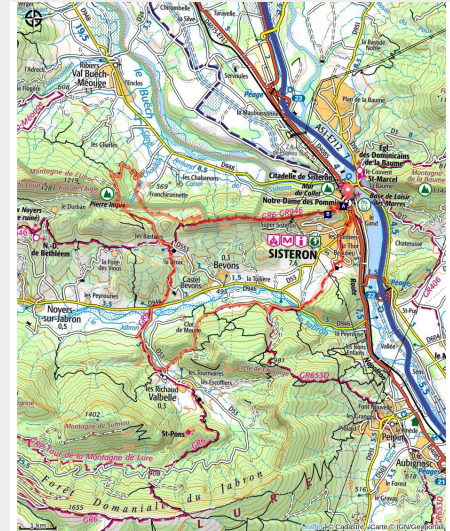


Aux portes de la vallée du Jabron by mountain bike

Sisteron - Sisteron



Paysages du Sisteronais (CCSB)



Perched high above Sisteron, this technical trail at the entrance to the Jabron Valley offers a ride through varied terrain (marl, mountain passes, woodlands, ridges, and more). A few portages are required, but they're well worth it for the many scenic viewpoints. The route passes through the village of Valbelle, at the foot of Mount Lure.

Follow mountain bike trail No. 15 (VTT N°15)

Black level (difficult) on an e-MTB

Useful information

Practice : Mountain Bike

Duration : 4 h 30

Length : 30.5 km

Trek ascent : 1232 m

Difficulty : Hard

Type : Loop

Themes : Panorama, Summit and pass

Trek

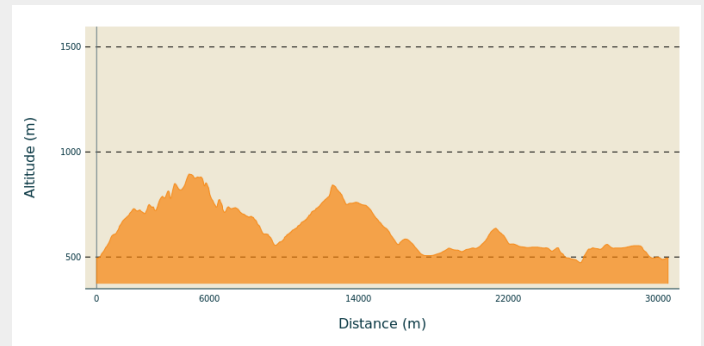
Departure : Tourist Information Office, Sisteron

Arrival : Tourist Information Office, Sisteron

Markings : 🏔️ VTT ⚡ VTTAE difficile

Cities : 1. Sisteron
2. Val Buëch-Méouge
3. Bevens
4. Noyers-sur-Jabron
5. Valbelle

Altimetric profile



Min elevation 473 m Max elevation 895 m

- Starting from the Sisteron Tourist Office, follow the Chemins du Soleil route through the town center. Take the botanical trail and the Molard ridges (viewpoint), which are technically challenging. A short portage is required.
- Head toward the Col de la Mairie and then the Pas de St-Pensier, alternating between technical sections, marl, and woodland until you reach the Chatillon spring.
- A climb up a shaded trail leads, with a short portage, to the Pas de l'Essaillon, located at the foot of the Pierre Impie rock (climbing site).
- Then head down into the Jabron Valley (viewpoint) and reach the village of Valbelle, at the foot of Mount Lure.
- The return trip follows trails and paths. Head to the Gournias Bridge (a great spot for swimming in the summer) via the Saint-Dominique Chapel on the Thor Plateau. Return to Sisteron partly via the GR trail to complete the loop at the tourist office.

On your path...



* Molard botanical trail. (A)

* The Molard viewpoint indicator (B)

All useful information

Advices

- Recommended route for e-mountain bikes
- Some sections require pushing the bike.

How to come ?

Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

Access

From Gap (50 km), follow Route 85, then take the A12 from La Saulce to Sisteron.

Advised parking

Parking lot near the Police station in Sisteron

Information desks

Office de Tourisme Sisteron Les Alpes Provençales - bureau de Sisteron

1 place de la République, 04200 Sisteron

sisteron@sisteron-buech.fr

Tel : 04 92 61 36 50

<https://www.sisteron-alpesprovencales.fr/>



On your path...

* Molard botanical trail. (A)

The Molard botanical trail offers an enjoyable walk. Go in search of the region trees, shrubs, and plants. The interpretation boards allow you a better understanding and identification of the different plant species you can find during the trail.

* The Molard viewpoint indicator (B)

The Molard viewpoint indicator offers a wonderful outlook onto the village and the valley of Sisteron to the Laraganais. Thanks to the viewpoint indicator, you can easily notice and identify the different surrounding summits.