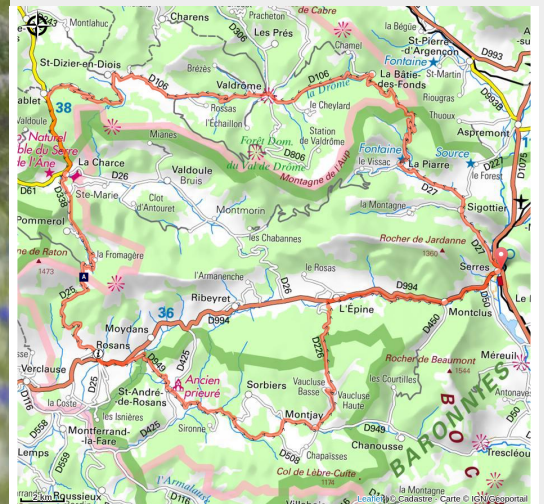


# The Pre-Alps by bike

Serres - Serres



Les alentours de l'Épine (Office de tourisme Sisteron Buëch)



*Much like the Pre-Alps, this hilly route will challenge even seasoned climbers, with no fewer than seven mountain passes on the itinerary between Drôme and Hautes-Alpes.*

## Useful information

Practice : Cycling

Duration : 23 h

Length : 93.4 km

Trek ascent : 2352 m

Difficulty : Hard

Type : Loop

Themes : History and architecture, Pastoralism, Summit and pass

# Trek

**Departure** : Tourist Information Office, Serres

**Arrival** : Tourist Information Office, Serres

**Markings** :  Cyclo

**Cities** : 1. Serres

2. Sigottier

3. Piarre

4. Bâtie-des-Fonds

5. Valdrôme

6. Saint-Dizier-en-Diois

7. Establet

8. Charce

9. Pommerol

10. Rosans

11. Moydans

12. Saint-André-de-Rosans

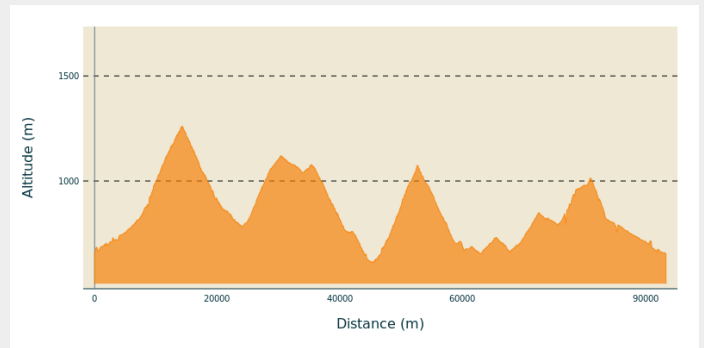
13. Sorbiers

14. Montjay

15. Épine

16. Montclus

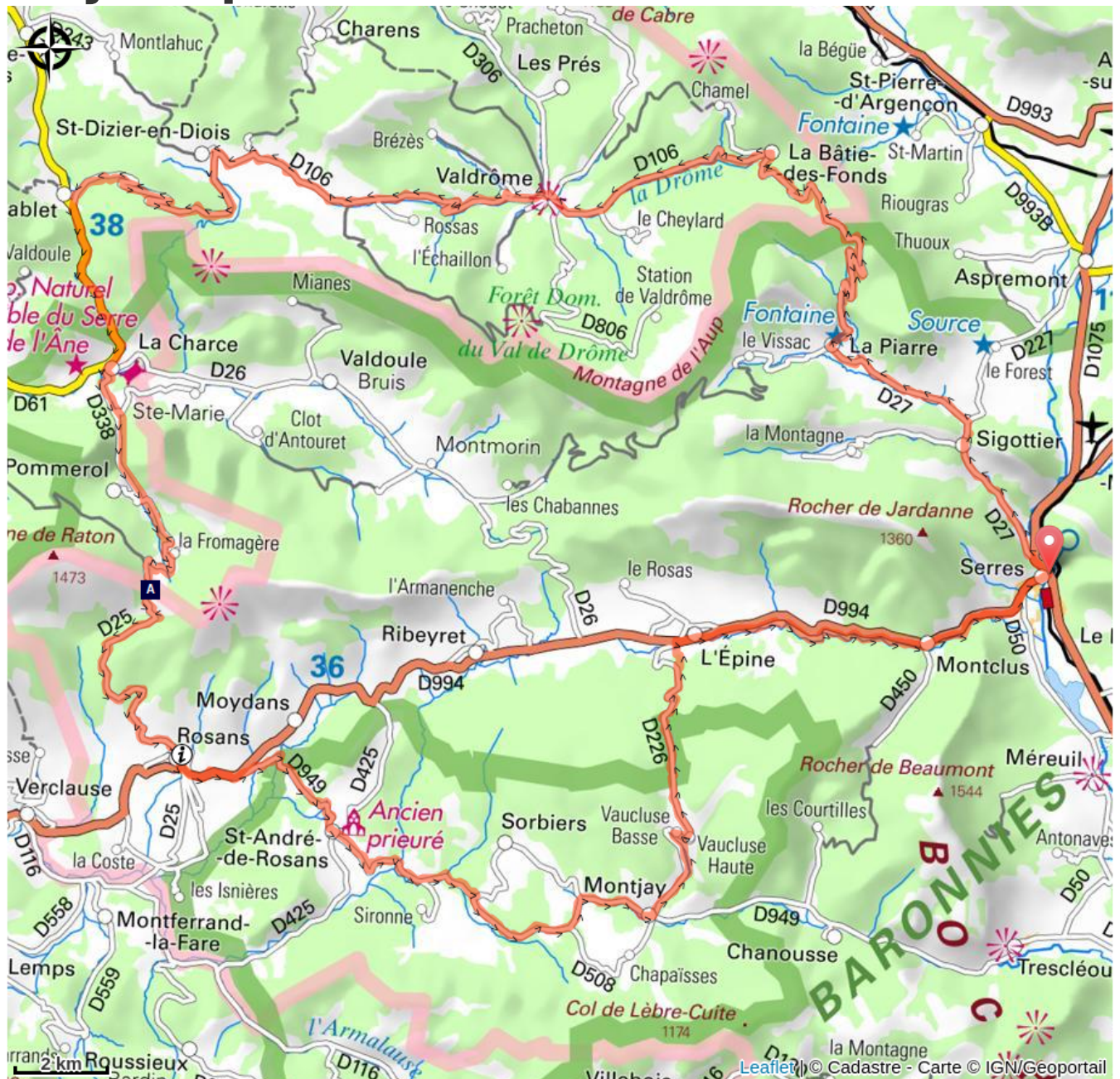
## Altimetric profile



Min elevation 611 m Max elevation 1261 m

1. Starting from Serres, follow the D27 north. The route passes through Sigottier and its cliffs, which are popular with rock climbers.
2. Just past La Pierre, the Col de Carabès takes you into the Drôme department. Stay on the D106, which passes through Valdrôme (a small mountain village and the southernmost family-friendly resort in the Drôme).
3. Head toward Rosans by crossing the Col de Pommerol (Col de la Fromgère). Now ride past the former priory of St-André-de-Rosans, through Montjay, then climb the Col de Serre Larobe leading up to L'Épine. Head east on the D 994. These are the final pedal strokes to reach Serres.

# On your path...



△ Pommerol pass (A)

# All useful information

## **Advices**

**WARNING:** On this route, you may encounter livestock guard dogs tasked with protecting herds from wolf attacks.

To minimize the risk of conflict, **bringing pets is strongly discouraged, even if they are on a leash.**

Cyclists, please be especially vigilant: if you see a herd, you must **get off your bike**, stop, and let the dogs get a good look at you. Then give the herd a wide berth, keeping your bike between you and the guard dog.

In any case, stay calm, avoid sudden movements, and do not attempt to cross through the herd.

→ To learn more about how to behave around guard dogs: <https://rando.sisteron-alpesprovencales.fr/information/14-Les-patous-et-nous-!>

- The Sisteronais Buëch region is certified as an “Espace Cycloport” by the French Cycling Federation and meets quality standards for welcoming road cyclists.

## **How to come ?**

### Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

### Access

From Laragne-Montéglin (17 km), follow the D 1075 northwest to Serres.

### Advised parking

Tourist office parking lot in Serres.

**i Information desks**

**Office de Tourisme Sisteron Les  
Alpes Provençales - bureau de  
Rosans**

Rue Aristide Briand, None 05150 Rosans

[rosans@sisteron-buech.fr](mailto:rosans@sisteron-buech.fr)

Tel : 04 92 66 66 66

<https://www.sisteron-alpesprovencales.fr/>



# On your path...

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## ▲ Pommerol pass (A)

Pommerol pass is a crossing point between Les Hautes-Alpes and La Drôme, two French departments. Also named Col de la Fromagère, the pass is reachable from the tracks of Suquet and Raton's ridges. The pass overlook the public forest of Eygues.