

Tour de la Baume by bike

Sisteron - Sisteron



Village d'Entrepierres (CCSB)



Winding along both slopes of Montagne de la Baume, this 21-kilometer trail lets you explore the area around Sisteron while passing through the small village of Entrepierres. It's the perfect opportunity to take a short break and discover the diverse landscapes just outside the city.

Useful information

Practice : Cycling

Duration : 1 h

Length : 20.3 km

Trek ascent : 472 m

Difficulty : Easy

Type : Loop

Themes : History and architecture, Panorama

Trek

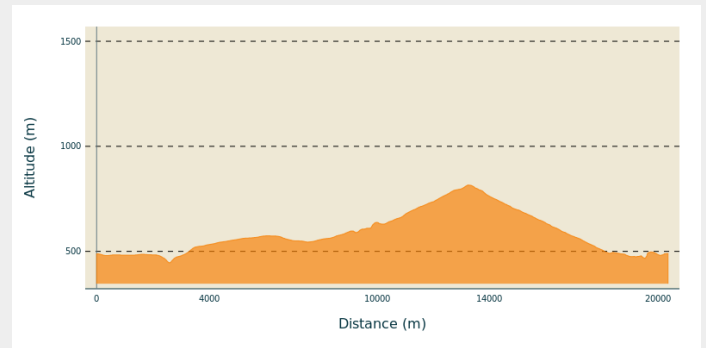
Departure : Tourist Information Office,
Sisteron

Arrival : Tourist Information Office,
Sisteron

Markings :  Cyclo

Cities : 1. Sisteron
2. Entrepierres

Altimetric profile



Min elevation 446 m Max elevation 816 m

The route starts in an urban area, leaving Sisteron and following the Durance River southward.

After crossing the Durance (near the wastewater treatment plant), the route climbs toward the village of Entrepierres via the D217. Pass through the small village until you reach the base of a rocky cliff. You'll go around Montagne de la Baume. You then follow the GRP trail of the Grande Traversée des Préalpes to the Col de Mézien (814 m). From there, you can begin a beautiful descent on the D3. This road offers a panoramic view of the Durance Valley and then of Sisteron and its citadel from the heights. The return to town is via the bridge over the Durance.

All useful information

Advices

- The Sisteronais Buëch region has been designated an “Espace Cycloport” by the French Cycling Federation and meets high standards for welcoming road cyclists.
- Recommended stop at the Citadel of Sisteron: www.citadelledesisteron.fr

How to come ?

Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

Access

From Sisteron (1 km), exit through the tunnel under the citadel and take Route D 951 toward La Motte-du-Caire to reach the Baume Bridge.

Advised parking

Parking lot of the climbing site of La Baume, Sisteron

Information desks

Office de Tourisme Sisteron Les Alpes Provençales - bureau de Sisteron

1 place de la République, 04200 Sisteron

sisteron@sisteron-buech.fr

Tel : 04 92 61 36 50

<https://www.sisteron-alpesprovencales.fr/>



On your path...



The Durance River (A)

More than a mere river, the **Durance** is a force of nature. From its source in Mongenèvre at an altitude of 2300 metres it rolls its way over 302 kilometres until it finally flows into the Rhône. Over time, there has been greater control by man over the river, particularly with the construction of **the Serre-Ponçon dam**, and it is an essential artery for the Hautes-Alpes.

Source : www.hautes-alpes.net

Attribution : CCSB