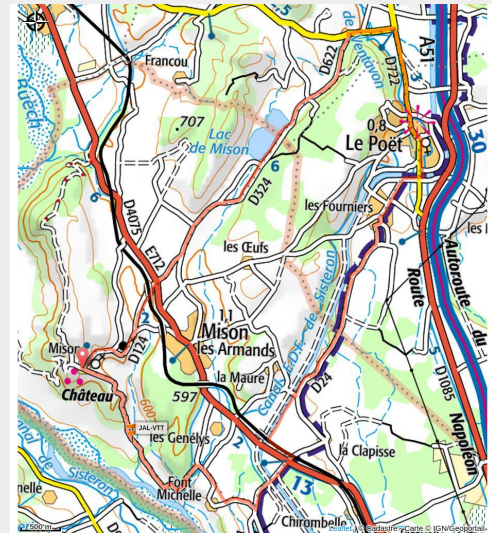


Autour du lac de Mison by bike

Sisteron - Mison



Le lac de Mison (CCSB)



Stretching between the Buëch and Durance rivers, this roughly 20-kilometer route takes you on a tour of the area around Mison, including its castle and lake.

Useful information

Practice : Cycling

Duration : 2 h

Length : 18.6 km

Trek ascent : 235 m

Difficulty : Very easy

Type : Loop

Themes : History and architecture, Lake, waterfall and river

Trek

Departure : Castle parking lot in Mison Village

Arrival : Castle parking lot in Mison Village

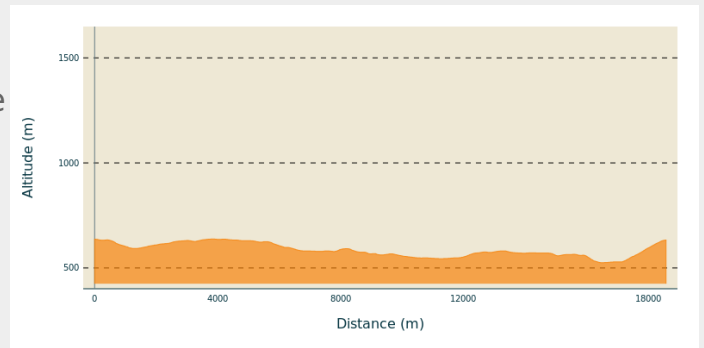
Markings :  Cyclo

Cities : 1. Mison

2. Upaix

3. Poët

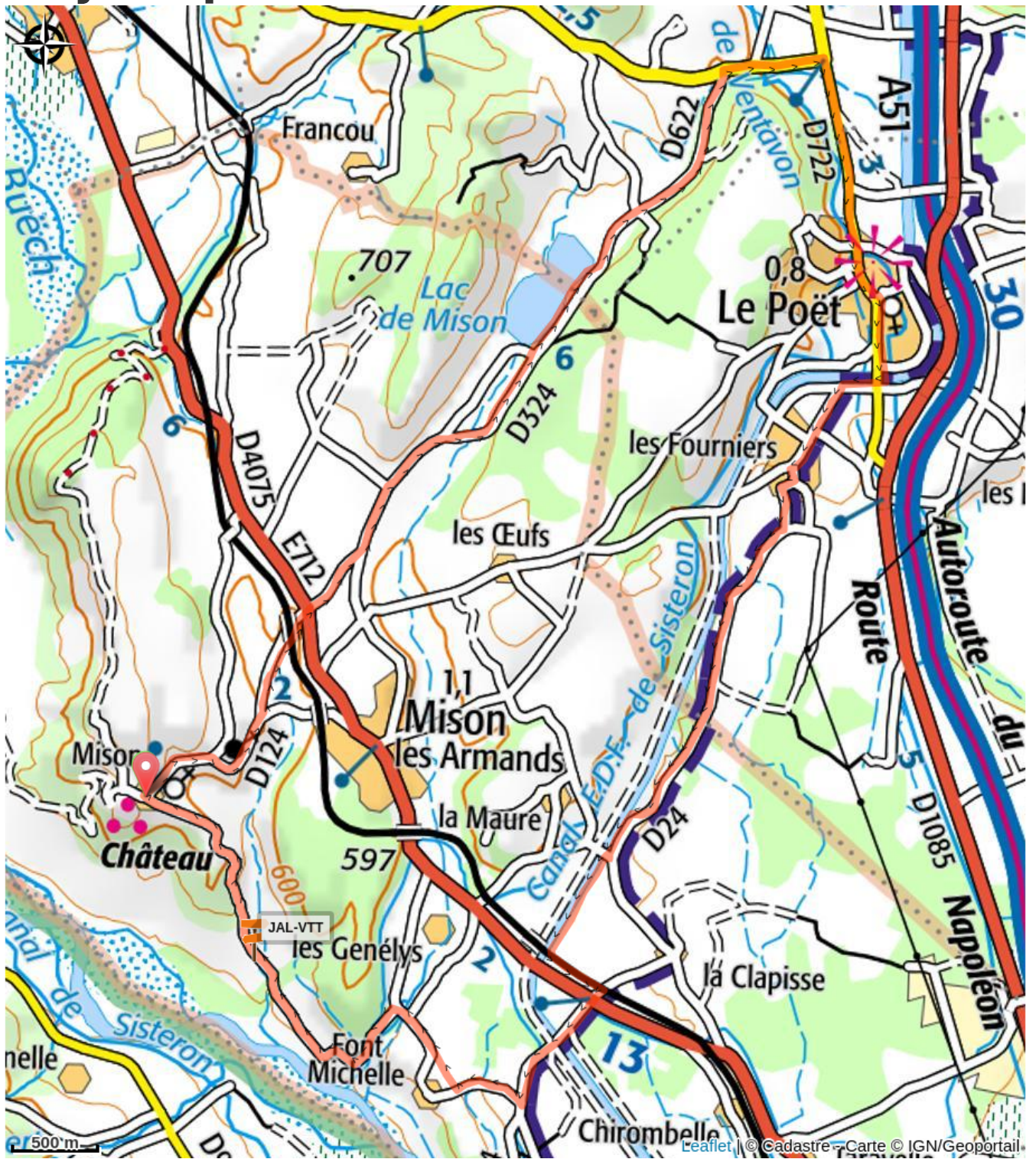
Altimetric profile



Min elevation 525 m Max elevation 638 m

The loop begins at the foot of Mison Castle. Following the D124 and D324, the route leads to Lake Mison, a protected natural area designated by the department that offers beautiful views of the Alpine peaks (an ideal spot to rest or have a picnic). After passing through the village of Le Poët, the route runs alongside the canal several times before taking small rural roads back to the starting point.

On your path...



All useful information

Advices

- The Sisteronais Buëch region has been designated an “Espace Cycloport” by the French Cycling Federation and meets quality standards for welcoming road cyclists.
- Suitable for beginners

How to come ?

Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

Access

From Laragne (7 km), take the D 1075, then the D 4075 south toward Mison.

Advised parking

Castle parking lot (Les Aires) in Mison Village

Information desks

Office de Tourisme Sisteron Les Alpes Provençales - bureau de Laragne

Place des Aires, None 05300 Laragne-Montéglin

laragne@sisteron-buech.fr

Tel : 04 92 65 09 38

<https://www.sisteron-alpesprovencales.fr/>

