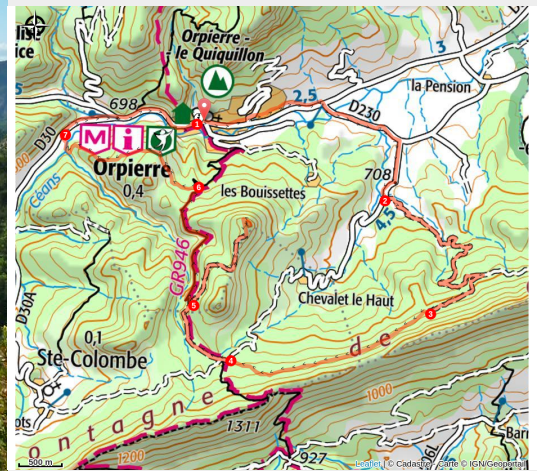


# Le Saint Michel by mountain bike

Orpierre - Orpierre



Panorama depuis le Rocher Saint-Michel (CCSB)



*After a gradual climb up the trail and a few roller-coaster-like sections, a beautiful downhill ride on a single track awaits you below Rocher Saint-Michel. With rocks and roots all around, it's a bumpy ride! Perfect for building upper-body strength and improving your riding skills! But before that, the view from the top of Rocher Saint-Michel is well worth a quick detour.*

Follow the red MTB trail marker No. 4

**Watch out for the 2 or 3 sections that are a bit more exposed to the edge and for the numerous tree roots in the second half of the descent!**

## Useful information

Practice : Mountain Bike

Duration : 3 h

Length : 20.5 km

Trek ascent : 1217 m

Difficulty : Medium

Type : Loop

Themes : Forest, Panorama, Summit and pass

# Trek

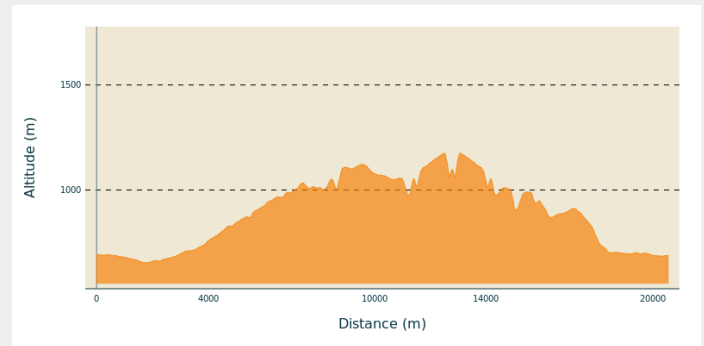
**Departure** : Fountain next to the church, Orpierre

**Arrival** : Fountain next to the church, Orpierre

**Markings** : ➤ VTT

**Cities** : 1. Orpierre  
2. Sainte-Colombe  
3. Étoile-Saint-Cyrice

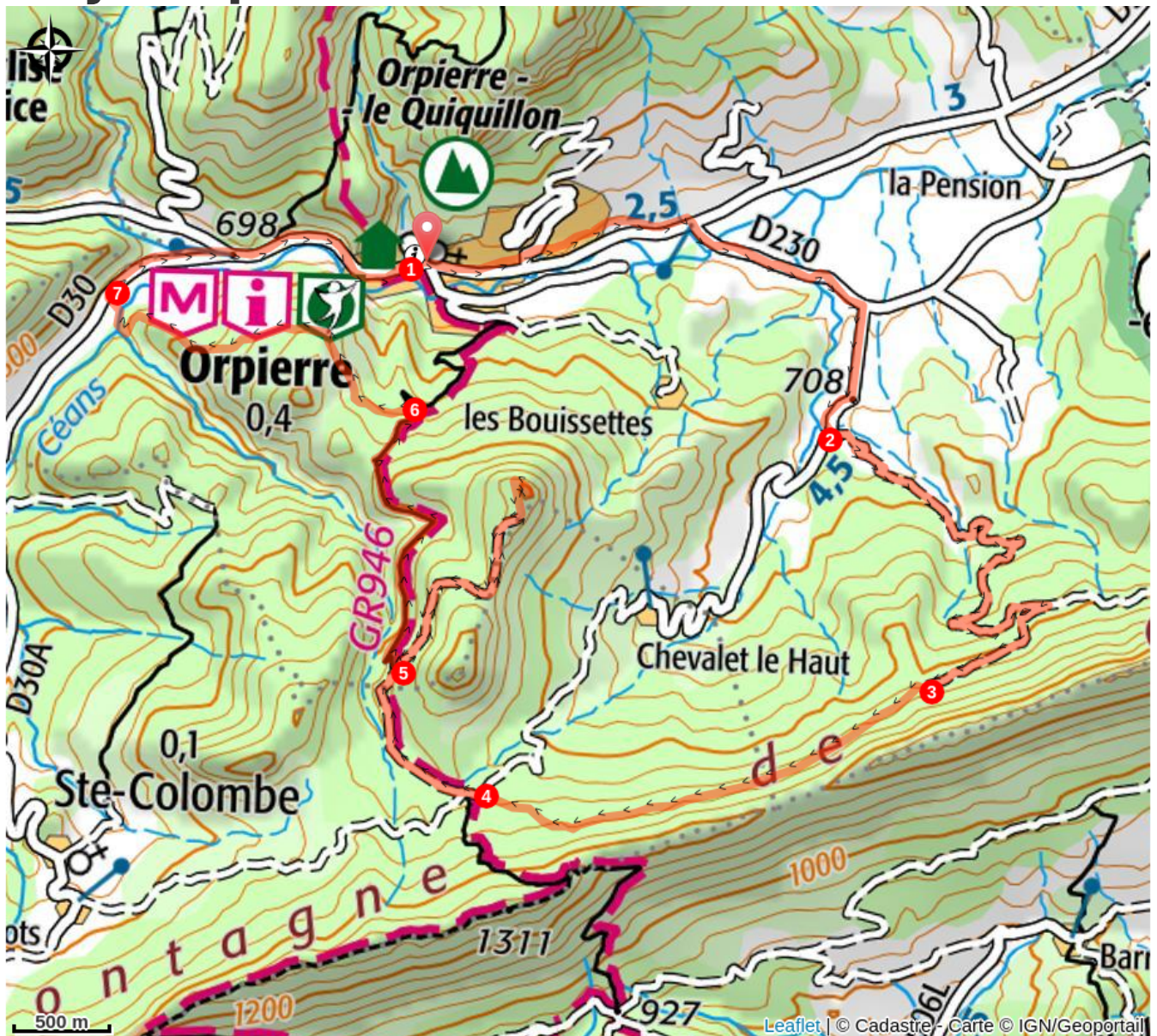
## Altimetric profile



Min elevation 654 m Max elevation 1176 m

1. Take the RD 30 toward Laragne, then turn right toward “Beynaves / Le Chevalet.” At the two intersections, keep right.
2. Just after a bridge, at a bend, leave the paved road and follow the forest trail. This trail climbs through a fairly shaded area beneath the Chabre ridge. At the first major trail junction, go up to the right, then at the second fork, follow the more clearly marked trail to the left.
3. At the end of the trail, continue on the balcony-like path beneath the ridge (a roller-coaster-like trail, fun and with plenty of ups and downs).
4. At the intersection, head back up the forest trail to Beynaves. At the large crossroads, take the trail that descends to the right.
5. 1 km further on, the GR turns sharply left onto a path. From here, you can continue along the trail, which narrows into a path leading to the summit of Rocher Saint-Michel (panoramic view overlooking Orpierre and the Céans Valley). Alternatively, head left toward Orpierre on the ridge trail below Saint-Michel. A few tricky and exposed sections may require you to dismount. Then, as the rocks become fewer, the roots take over! Your arms will be put to the test, but your bike handling skills will only improve as a result!
6. At the Paturle intersection, continue along the trail on the left, which ends at the bottom of the Ravin de Bagnols. You’ll need to cross a small stream to reach the road a little further up, which leads right back to Orpierre.
7. Return to Orpierre by following the road to the right.

# On your path...



# All useful information

## **Advices**

- Recommended bikes: mountain bikes and e-bikes
- Be careful—the descent is quite steep in places

## **How to come ?**

### Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

### Access

From Laragne (13 km), take the D 1075, then the D 30 (Eyguians junction) to reach the town of Orpierre.

### Advised parking

Church's parking lot, Orpierre

## **Information desks**

### **Office de Tourisme Sisteron Les Alpes Provençales - bureau d'Orpierre**

Place du village, None 05700 Orpierre

orpierre@sisteron-buech.fr

Tel : 04 92 66 30 45

<https://www.sisteron-alpesprovencales.fr/>

