

Tour de la Montagne de l'Ubac by mountain bike

Laragne / Méouge - Val Buëch-Méouge



Paysages sauvages autour de la montagne de l'Ubac (CCSB)



A long mountain bike loop near Sisteron that combines forests, scenic views, historic architecture, and challenging downhill sections!

Follow the Mountain Bike Trail No. 14

Useful information

Practice : Mountain Bike

Duration : 4 h 30

Length : 36.0 km

Trek ascent : 1559 m

Difficulty : Hard

Type : Loop

Themes : Forest, History and architecture, Summit and pass

Trek

Departure : Place de la Fontaine, Ribiers

Arrival : Place de la Fontaine, Ribiers

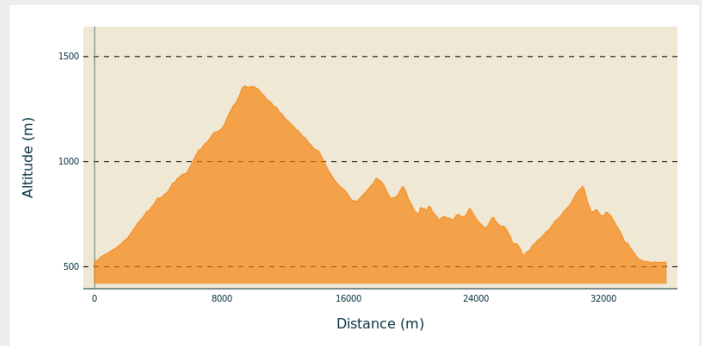
Markings : 🚲 VTT

Cities : 1. Val Buëch-Méouge

2. Noyers-sur-Jabron

3. Bevons

Altimetric profile



Min elevation 519 m Max elevation 1360 m

Starting from the center of Ribiers, head toward the school and climb for several kilometers along a road and then a trail. This will take you to the Col de Couaïs, where you'll descend into the Jabron Valley. A long descent along the trail gives you a chance to rest after the climb. Pass through the village of St-Martin and follow the trail to the St-Claude Chapel. A trail leads to Vieux Noyers. The atmosphere among the ruins is unique. Go around the church and continue on the trail. For a change of scenery, head back into the Buëch Valley via the Col de St-Pensier, then the Pas de St-Pensier. The trail is technical (with a few steps) and then smooth until you reach the dirt road. Head up the track, then turn right onto a smooth single track before reaching the Rocher de Pierre Impie. Caution: on the rest of this descent, there are many intersections and the trail is not always clearly visible; follow the markings carefully (same route as the PR—yellow—markings). The final few kilometers to Ribiers are on the road.

On your path...



All useful information

Advices

- Recommended bikes: mountain bikes and e-bikes
- A few technical trails
- Visit the abandoned village of Vieux Noyers, the Jabron Valley, the Roc de l'Aigle, and the Jabron National Forest.

How to come ?

Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

Access

From Sisteron (9 km), follow the D 948 northwest toward Ribiers / Gorges de la Méouge.

Advised parking

Parking lots in Ribiers

Information desks

Office de Tourisme Sisteron Les Alpes provençales - bureau de Sisteron

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