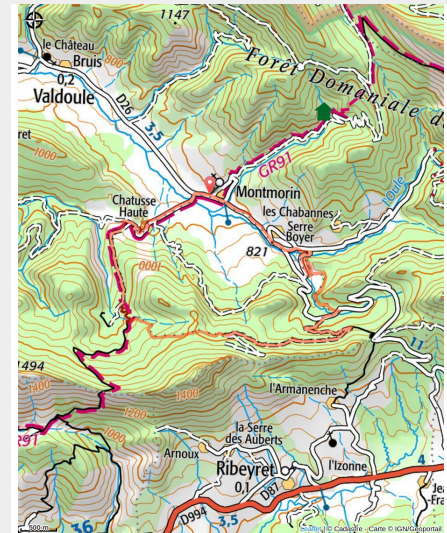


Les ruines de Maraysse by mountain bike

Rosans - Valdoule



Panneau explicatif sur la Vallée de l'Oule (CCSB)



This 13-kilometer loop trail in the Oule Valley can serve as a first step toward tackling the red-level trails. It features beautiful sections through the woods, past ruins, and along the ridges that run along the Montagne de Maraysse.

Follow the Mountain Bike Trail No. 4

Useful information

Practice : Mountain Bike

Duration : 2 h

Length : 12.8 km

Trek ascent : 496 m

Difficulty : Easy

Type : Loop

Themes : Forest, Geology, Panorama

Trek

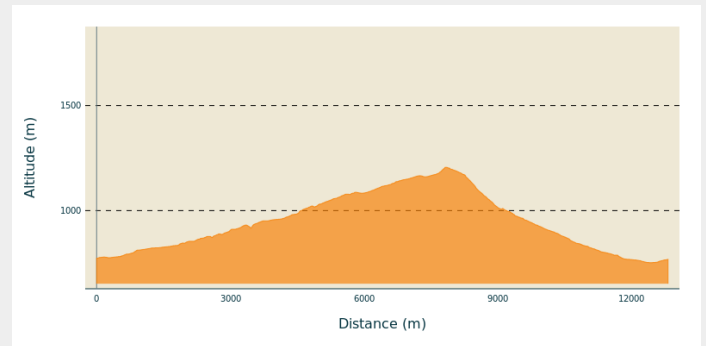
Departure : Village, Montmorin

Arrival : Village, Montmorin

Markings : 🚲 VTT

Cities : 1. Valdoule

Altimetric profile

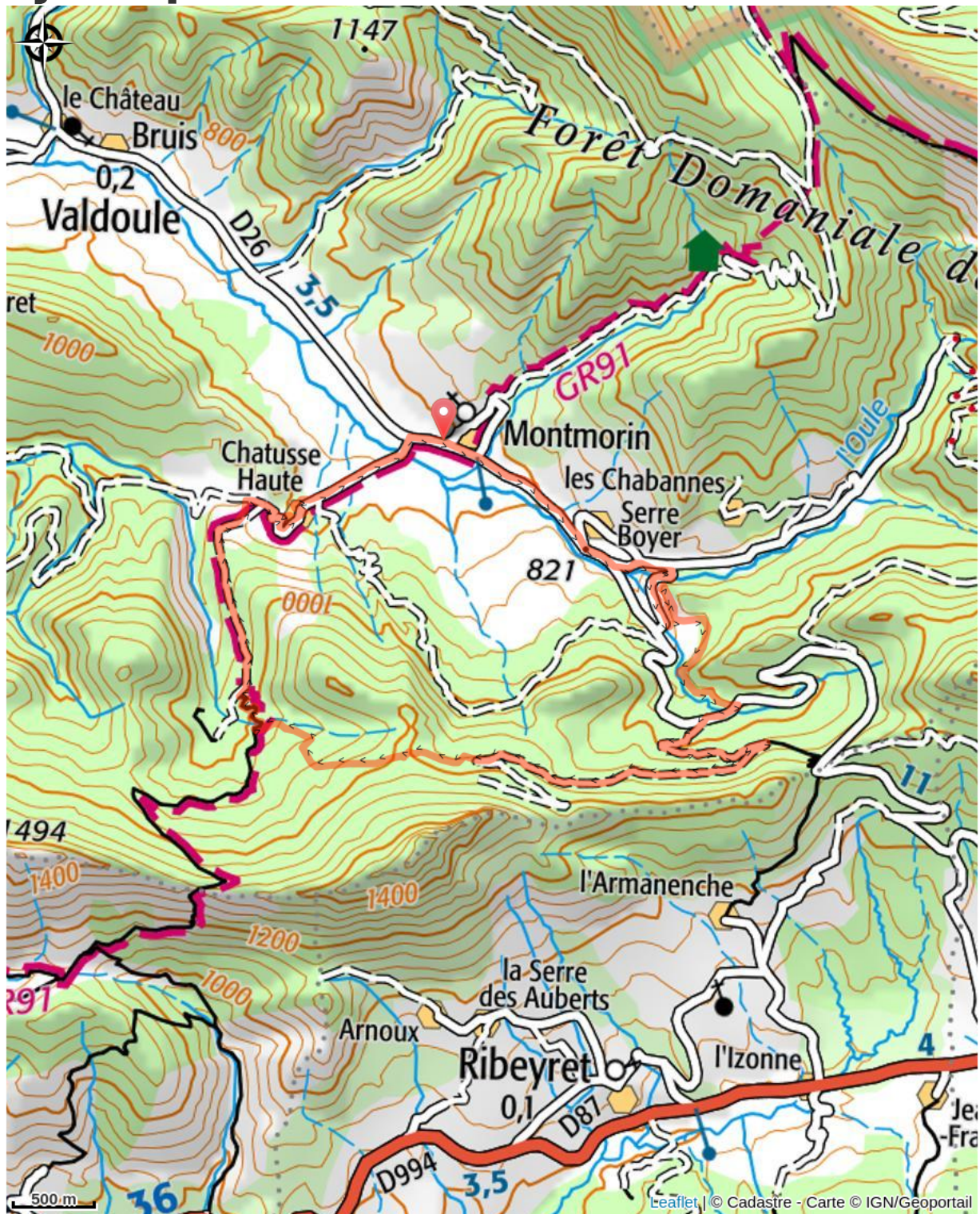


Min elevation 752 m Max elevation 1206 m

To start with, the route consists of 10 km of forest trail. With no difficulty on the ascent, this first section is easy to ride and shares the path with the Chemins du Soleil. A sign explains the history of forestry and agriculture in the Oule Valley. Shortly after the hamlet of “Les Garenses” (1,170 m), you can continue on the forest road (instead of taking the trail) for about 1 km until you reach the Maraysse ridge. There is a picnic table and a panoramic view from the ridge.

The final 3 kilometers, on the trail, are more technical with steep descents, ravines, and ruts. This section is ideal for enjoying a first foray into technical terrain. The hike ends on a pleasant, well-marked forest track before reaching the road leading to the heart of the village of Montmorin.

On your path...



All useful information

How to come ?

Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

Access

From Serres (21 km), take the D 994 west. After L'Epine, follow the D 26 north to Montmorin.

Advised parking

Village of Montmorin

Information desks

Office de Tourisme Sisteron Les Alpes provençales - bureau de Rosans

Rue Aristide Briand, N°5 05150 Rosans

rosans@sisteron-alpesprovencales.fr

Tel : 04 92 66 66 66

<https://www.sisteron-alpesprovencales.fr/>

