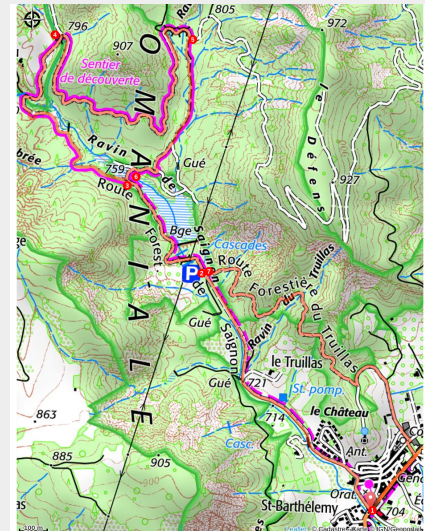


Les Marais du Saignon by mountain bike

La Motte-du-Caire - Motte-du-Caire



Marais Saignon (Raoul Getraud)



The Saignon Marshes are nestled in a little-known cove of the Grand Vallon. They offer a shaded family walk along the Saignon Stream. It's a lovely short downhill path that leads to the dam and the trail back up. Well worth a visit!

Follow the Mountain Bike Trail No. 2

Useful information

Practice : Mountain Bike

Duration : 1 h

Length : 7.4 km

Trek ascent : 224 m

Difficulty : Easy

Type : Loop

Themes : Forest, Lake, waterfall and river

Accessibility : Family

Trek

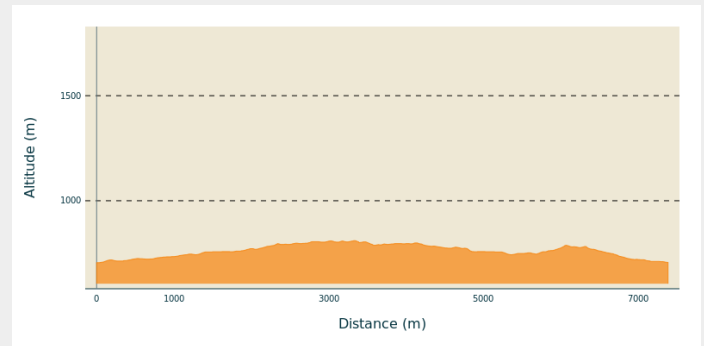
Departure : Village, La Motte du Caire

Arrival : Village, La Motte du Caire

Markings : ▶ VTT

Cities : 1. Motte-du-Caire

Altimetric profile



Min elevation 705 m Max elevation 810 m

From the village square in La Motte-du-Caire, head north between the houses, then turn left at the foot of the housing development. The road quickly turns into a dirt track and follows the Saignon stream on the left bank.

Pass the return trail on your right and continue straight ahead, moving to the right bank.

Pass the downhill trail on your right again at a small dam and continue straight ahead until the next fork.

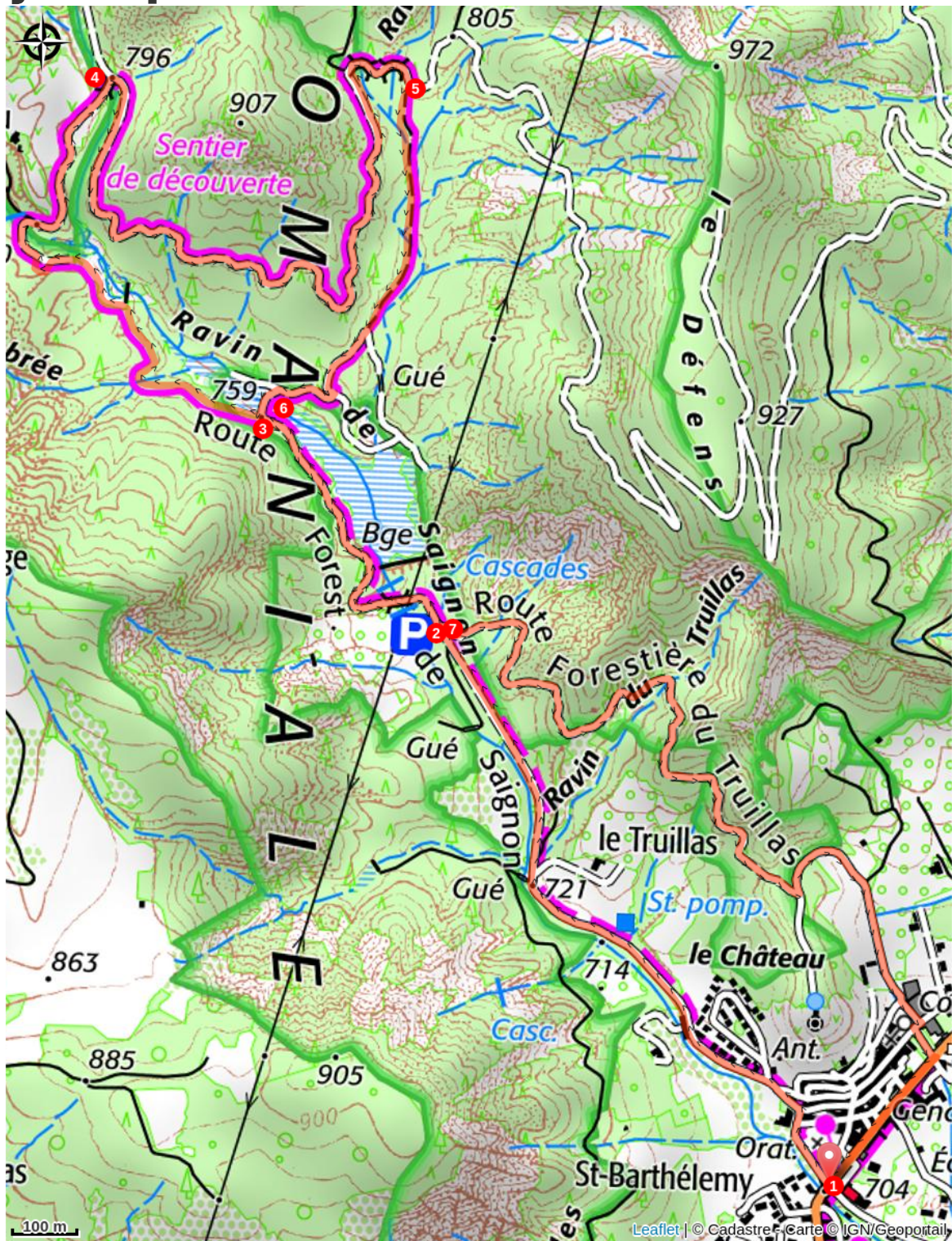
This time, ignore the trail on the left and go through the ONF gate. Continue for 1.5 km.

Turn right onto the trail that heads into the valley, crossing a ford. After 700 m, rejoin the ascending trail.

This time, take the trail to the left for 1.3 km.

Turn left onto the forest trail, then take the paved road to the left, still above the village. You'll arrive behind the church.

On your path...



All useful information

Advices

Bicycle service station (bike wash, tire inflation, water fountain) in Clamensane (in front of City Hall).

How to come ?

Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

Access

From south of Gap (39 km), take the D 900B to Remollon, then the D 951 southbound to La-Motte-du-Caire.

Advised parking

Parking lot next to the town hall in La-Motte-du-Caire

Accessibility



Family

Information desks

Bureau d'accueil des via ferrata

viaferratalecaire@sisteronais-buech.fr

Tel : 04 92 68 40 39

