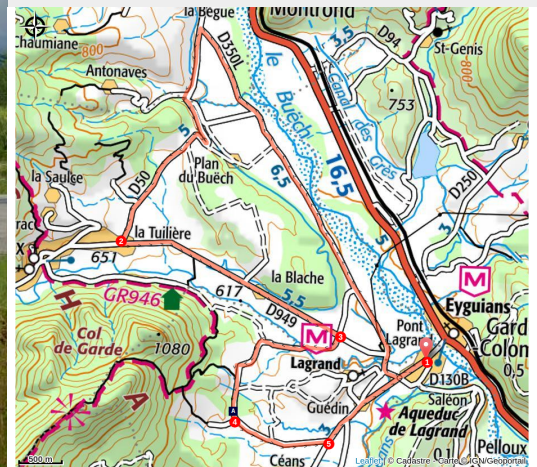


Col de la Rochette - La Rochette pass by bicycle.

Laragne / Méouge - Garde-Colombe



Dans le secteur de Lagrand (CCSB)



An easy ride around Lagrand lake, Buëch, Blaisance and Céans valleys. The trail main difficulty is the steady rise of La Rochette but the panoramic view at the summit is worth the effort.

Useful information

Practice : Cycling

Duration : 1 h 30

Length : 16.8 km

Trek ascent : 167 m

Difficulty : Very easy

Type : Loop

Themes : Discovery trail, Summit and pass

Trek

Departure : Pont Lagrand, Garde
Colombe

Arrival : Pont Lagrand, Garde Colombe

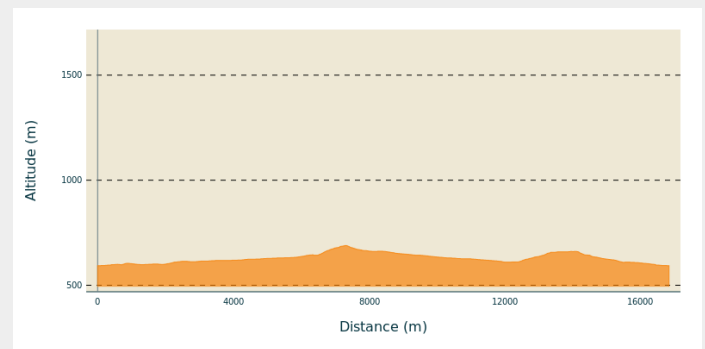
Markings :  Cyclo

Cities : 1. Garde-Colombe

2. Tréscleux

3. Méreuil

Altimetric profile



Min elevation 593 m Max elevation 689 m

1. From Pont-Lagrand, go towards the main roundabout and take the Tréscleux road at the north. Then go towards le Vallon des Lunasses alongside the Buëch (departmental road D 350). Overpass the Adrech mountain stream. Once the departmental road D 50 reached turn left to Pont Barnabas. Go through the small pass of la Rochette. Go on the departmental road D 50. There, you can see some cultures and orchards.
2. A few meters after Merdariac mountain stream and La Flachière hamlet take the departmental road D 949 on the left near la Tuilière. The route passes nearby the Garde Mountain.
3. At 616 meters high (halfway between the Blache Hamlet and Pont Lagrand) turn right on the Auchière way. Cross the Blaisance and take the farms path on the left.
4. At the junction (661 meters), turn left towards Champ Jouvent (still on the farms way).
5. Reach the departmental road D 30 and turn left towards Pont Lagrand.

On your path...



✱ Viewpoint (A)

All useful information

Advices

- The low elevation gain makes the ride suitable for beginners.
- The Sisteronais Buëch is labelled « Espace Cycloport » by the Cycling French Federation and meet some welcoming quality criterion for road cycling cyclist.

How to come ?

Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

Access

From Laragne (6 km), take the departmental road D 1075 to the north and then the departmental road D 949 on the left (at Eyguians junction) to reach Pont Lagrand.

Advised parking

Parking lot in Pont Lagrand.

Information desks

Office de Tourisme Sisteron Les Alpes provençales - bureau d'Orpierre

Place du village, N° 05700 Orpierre
orpierre@sisteron-alpesprovencales.fr
Tel : 04 92 66 30 45
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<https://www.sisteron-alpesprovencales.fr/>



On your path...

✱ Viewpoint (A)

From Champ Jouvent Mountain bike path, you can admire Arambre, Saint-Genis, L'Aup and Chabre mountains.