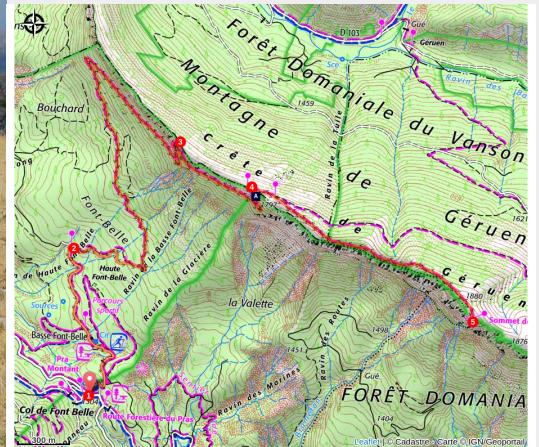


Crête de Gérüen

Sisteron - Castellard-Mélan



Sommet de Gérüen (CCSB)



Pleasant hike which from the summit, allows you to discover the heights of the west side of the Monges (2111 m), the Monges massif, and on the opposite side the Mélan forest with its two hiking routes: the Grande Aiguille and the cave of Saint-Vincent. Hopefully, you may observe chamois, mouflons and marmots as well as many birds.

Useful information

Practice : Hiking

Duration : 4 h 30

Length : 13.7 km

Trek ascent : 636 m

Difficulty : Medium

Type : Return trip

Themes : Fauna, Flora, Panorama

Trek

Departure : Col de Fontbelle - parking du col, Authon

Arrival : Col de Fontbelle - parking du col, Authon

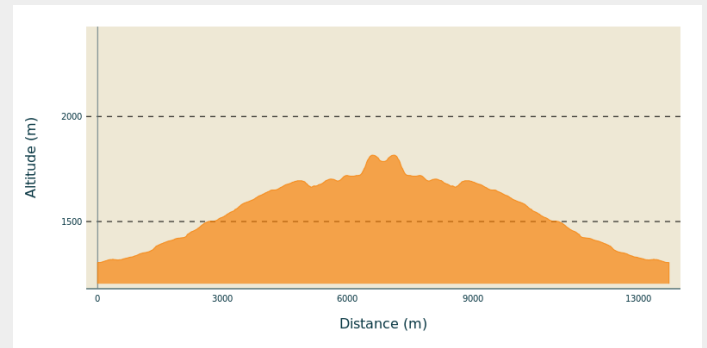
Markings : — PR

Cities : 1. Castellard-Mélan

2. Authon

3. Hautes-Duyes

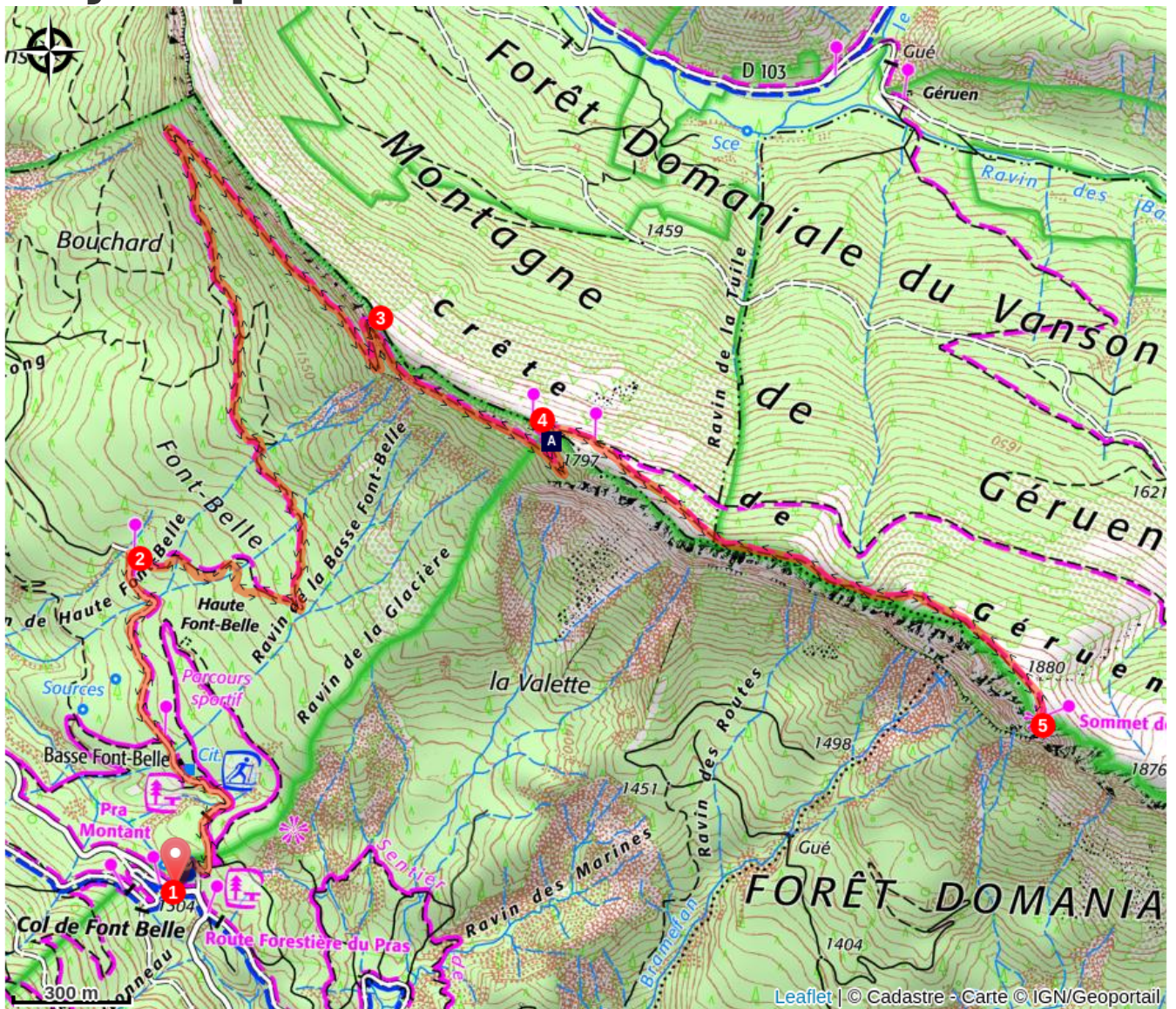
Altimetric profile



Min elevation 1304 m Max elevation 1816 m

1. From the parking lot, at the “Col de Fontbelle” post, follow the track towards “Crête de Géruen”. Pass an ONF (National Forest Office) fence and follow along the Maison Forestière de Fontbelle. Continue on the track for about 700 m, and take then a path to the right which gradually leads to the Géruen ridge.
2. Ignore the small footpaths on the left and continue on the same path. The last bend runs along the rocky face and leads to the ridge.
3. On the Crête de Géruen (1746 m), take the path on the right towards “Sommet de Géruen”, then at the next intersection (“Hubac de Géruen”), continue to the right following the same direction to join the edges of ridges (beautiful view on the cliffs).
4. Carry on your ascent all the way to the summit by following the milestones (“Sommet de Géruen - 1885 m” post).
5. Hike back down following the same route.

On your path...



△ Gérardon Ridge (A)

All useful information

Advices

- Caution: Pastoral zone, shepherd dogs are active.
- The ascent is gradual, without difficulty.
- During Summer, a profusion of flowers adorns the green ground. Most of these flowers are protected; do not pick them.
- You may simply access to the Géruen ridge, but the most interesting part (landscape, flora and fauna) is further on, towards the Géruen summit.

How to come ?

Transports

- Think about public transport and carpooling: <https://zou.mareregionsud.fr>

Access

From the roundabout north of Sisteron (27 km), take the D 951 then the D 3 to Saint-Geniez. Cross the village and continue on the D 3. Cross Authon and continue to Col de Fontbelle

Advised parking

at the pass, Col de Fontbelle, Authon

Information desks

Office de Tourisme Sisteron Buëch - bureau de Sisteron

1 place de la République, 04200 Sisteron
sisteron@sisteron-buech.fr
Tel : 04 92 61 36 50
<http://www.sisteron-buech.fr>



On your path...

△ Gérüen Ridge (A)

At 1880 m, the Crête de Gérüen offers a magnificent panorama. From its summit, it is possible to discover the highlands of the Provence. The view on the various surrounding reliefs is also magnificent (the Monges, the Montagne de Lure, the Cloches de Barles ...).