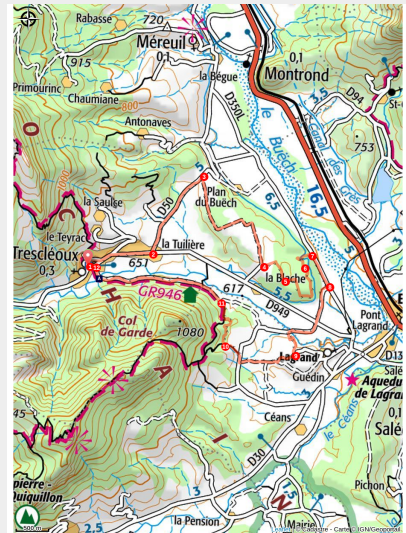


Plateau de Garenne by mountain bike

Orpierre - Trescléoux



Le Mont Garde et les champs de lavande (CCSB)



This trail takes you through the Trescléoux Community Forest (also known as the Bois de la Garenne) and across the Lagrand Plateau, passing beneath the Col de Garde rock formation.

Follow the mountain bike trail N°10 (VTT N°10)

Useful information

Practice : Mountain Bike

Duration : 2 h

Length : 14.5 km

Trek ascent : 268 m

Difficulty : Easy

Type : Loop

Themes : Agriculture and know-how, Forest

Trek

Departure : Church's place, Trescléoux

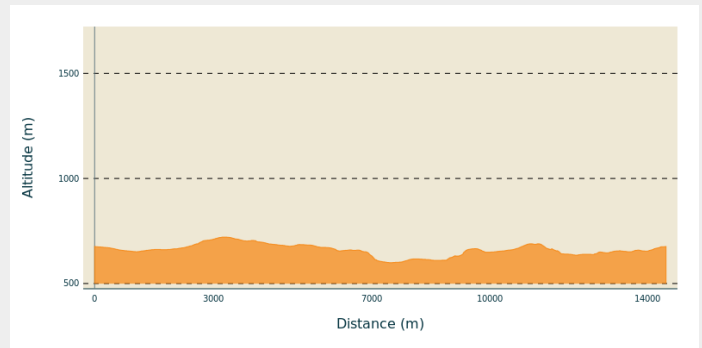
Arrival : Church's place, Trescléoux

Markings : ➤ VTT

Cities : 1. Trescléoux

2. Garde-Colombe

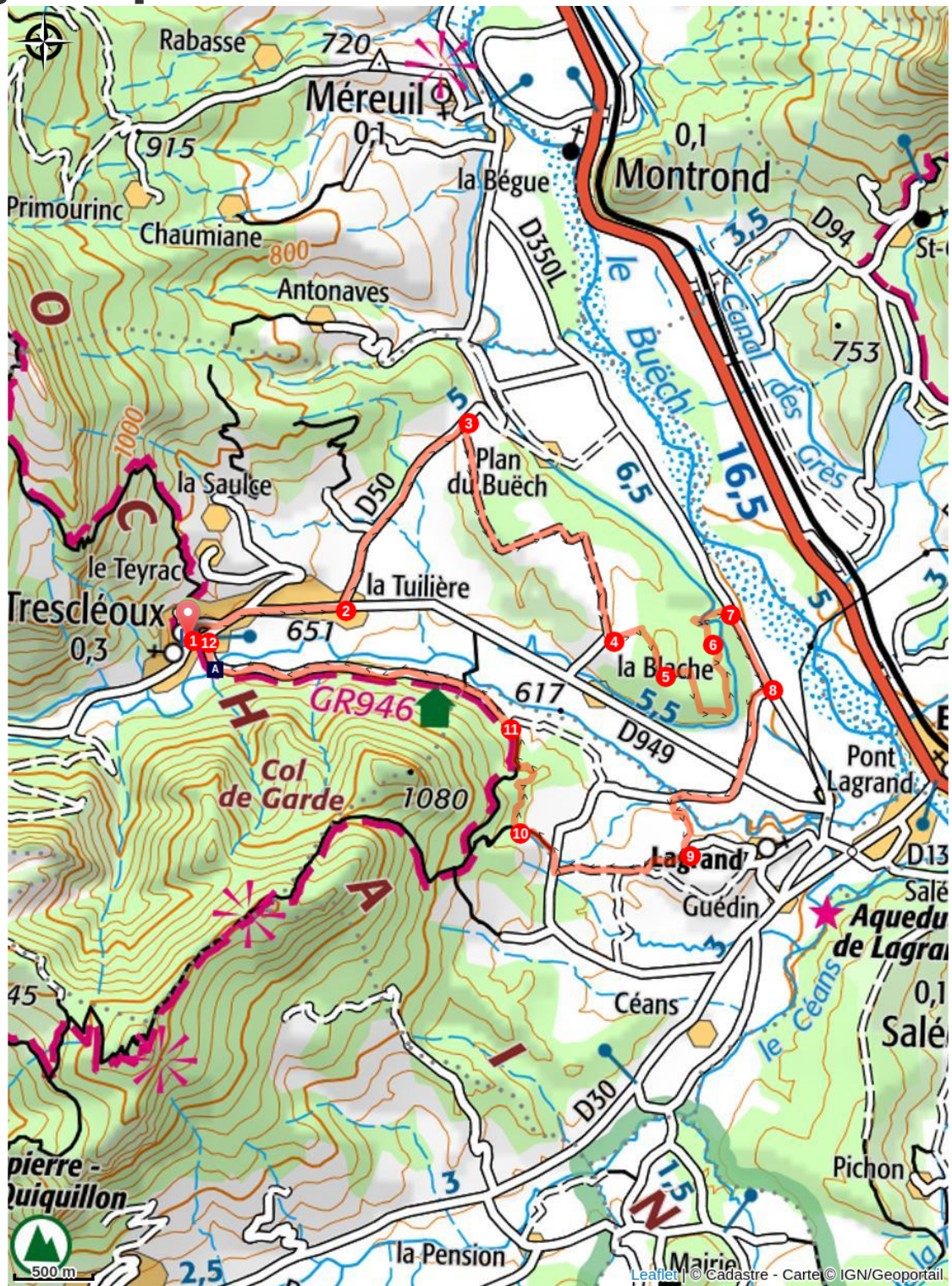
Altimetric profile



Min elevation 599 m Max elevation 721 m

1. In the village of Trescléoux, head toward Laragne via Rue des Commerces. Follow Route de la Tuilière.
2. At the Tuilière intersection, turn left toward Méreuil-Serres.
3. At Col de la Rochette, turn right. The paved road soon ends and gives way to a dirt track. Continue straight ahead on the main track. Stay on the main track to the right.
4. The trail joins a paved road. Turn left. Take a break at the picnic area in the Bois de Garenne, then turn right.
5. Turn left between the oak trees, then right onto the trail. The path leads to the edge of the Garenne plateau. Turn left.
6. Continue to the right; the trail will soon begin to descend. Turn right again after crossing the compression.
7. Return to the D 350I and turn right.
8. At Truchet, turn right after the villa. Cross the D 949 and continue straight ahead; after crossing the Blaisance Bridge, take the trail on the left to reach the Lagrand Plateau.
9. At point 665 on the Lagrand Plateau, turn right and follow the trail toward Ste-Grique.
10. Head up above Ste-Grique via a small path that leads you over some lovely, undulating marl formations.
11. When you reach the trail, turn left toward the trailhead lodge to reach Trescléoux.
12. In Trescléoux, turn left toward the square, passing in front of the Gontard fountain.

On your path...



 Blaisance river (A)

All useful information

How to come ?

Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

Access

From Sisteron (30 km), follow the D 4075 and D 1075 to Eyguians. At the intersection, take the D 949 toward Trescléoux.

Advised parking

Church parking lot, Trescléoux

Information desks

Office de Tourisme Sisteron Les Alpes provençales - bureau de Laragne

Place des Aires, None 05300 Laragne-Montéglin

laragne@sisteron-alpesprovencales.fr

Tel : 04 92 65 09 38

<https://www.sisteron-alpesprovencales.fr/>



On your path...

Blaisance river (A)

La Blaisance takes its source upstream from the town of Montjay, it is a confluence of several torrents. It flows to the town of Garde-Colombe, passing through Trescléoux. It then flows into the Buëch.