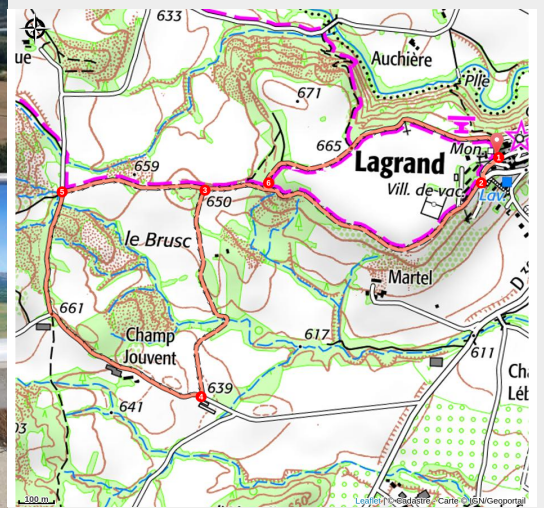


# Champ Jouvent by mountain bike

Laragne / Méouge - Garde-Colombe



Table d'orientation (CCSB)



*This mountain bike trail offers a great introduction to the countryside. The route winds through the farmland of the town of Lagrand and its surroundings. Follow the green mountain bike trail N°9 (VTT N°9)*

## Useful information

Practice : Mountain Bike

Duration : 1 h

Length : 4.2 km

Trek ascent : 81 m

Difficulty : Very easy

Type : Loop

Themes : Agriculture and know-how, Panorama

Accessibility : Family

# Trek

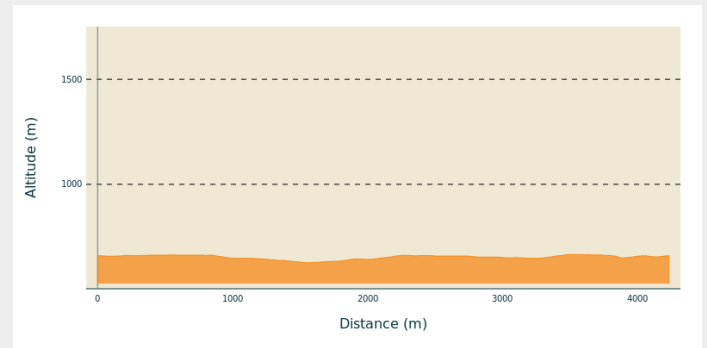
**Departure** : Town hall, Lagrand

**Arrival** : Town hall, Lagrand

**Markings** : 🚲 VTT

**Cities** : 1. Garde-Colombe

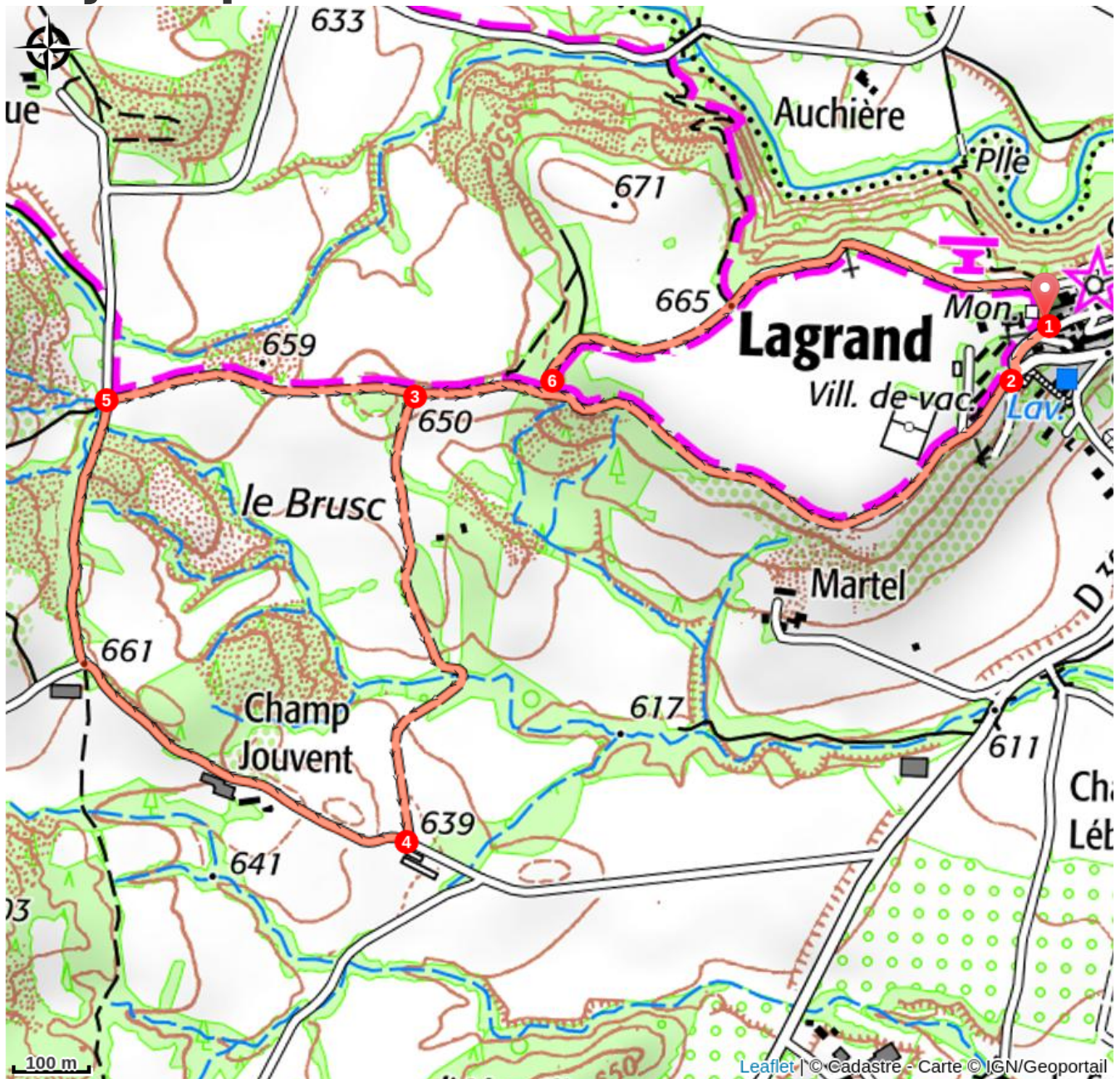
## Altimetric profile



Min elevation 627 m Max elevation 666 m

1. Start from the village square and head south to the information sign for the area's mountain bike trails. Facing the sign, leave the paved road and take the trail on the right.
2. Ride along the plateau; begin a short descent and ignore the first intersection on the right.
3. On the flat section, turn left at a 90-degree angle. The trail descends (be careful —there are ruts).
4. Head up the road to the right (farm road), then at the next intersection, follow the road to the right.
5. Turn right onto the trail through the fields. Return to the route you took on the way there and continue straight ahead.
6. Continue the climb to the left to go around the plateau and return to the village.

# On your path...



# All useful information

## **Advices**

Perfect for families

## **How to come ?**

### Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

### Access

From Laragne-Montéglin (8 km), take the D 1075 to Eyguians, then the D 30 northwest toward Lagrand.

### Advised parking

Parking lot in Lagrand

## **Accessibility**

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Family

## **Information desks**

### **Office de Tourisme Sisteron Les Alpes Provençales - bureau de Laragne**

Place des Aires, None 05300 Laragne-Montéglin

laragne@sisteron-buech.fr

Tel : 04 92 65 09 38

<https://www.sisteron-alpesprovencales.fr/>

