

L'aqueduc des Sagnières by mountain bike

La Motte-du-Caire - Clamensane



L'aqueduc (Office de Tourisme La Motte du Caire)



Discover the beautiful Sagnières Aqueduct nestled in a small, shaded valley. The stream of the same name will accompany you all the way down to the Vermeil Stream.

Follow the Mountain Bike Trail No. 4 (VTT N°4)

Useful information

Practice : Mountain Bike

Duration : 1 h 30

Length : 6.1 km

Trek ascent : 168 m

Difficulty : Medium

Type : Loop

Themes : History and architecture, Lake, waterfall and river

Trek

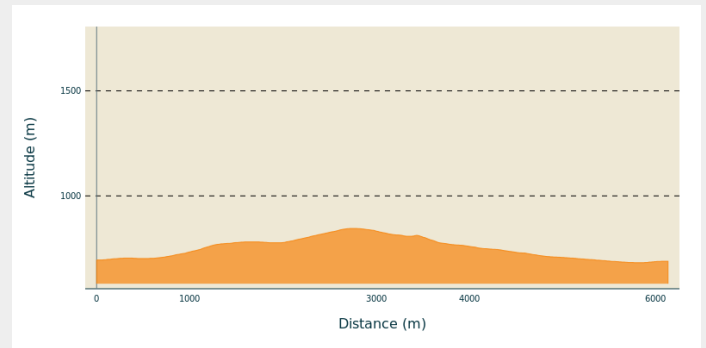
Departure : Town hall, Clamensane

Arrival : Town hall, Clamensane

Markings : 🚲 VTT

Cities : 1. Clamensane

Altimetric profile



Min elevation 682 m Max elevation 845 m

1. From the parking lot at the Clamensane town hall (680 m), take Route D1 toward Bayons for 700 m.
2. Turn left onto the small road leading to “Hautes Graves.” After 1.5 km of a climb that is somewhat steep at the start, pass the forest trail leading to Col de la Croix on your right.
3. At the intersection (797 m), continue along the road for 450 m to the hamlet of “Basses Graves.”
4. At Basses Graves (843 m), take the trail on the left. It soon turns into a footpath and leads to the aqueduct.
5. At the Sagnières aqueduct (820 m), pass the aqueduct on your right and continue down the valley along a trail that starts on the right bank and crosses several fords. Pass the RTM dam and emerge into the large Vermeil valley.
6. Then follow the trail along the edge of the fields on the right bank of the Vermeil torrent; a final fording brings you back to the D 1 and the starting point.

On your path...



 The water (A)

All useful information

Advices

- Bike service station (bike wash, air pump, water fountain) in Clamensane (in front of City Hall).
- This trail may pass through horse pastures. Please remember to always close the gates behind you.

How to come ?

Transports

Let's limit our trips and use public transportation and carpooling: <https://zou.maregionsud.fr>

Access

From Sisteron (21 km), take the D 951, then the D1 toward Clamensane.

Advised parking

Town hall, Clamensane

Information desks

Bureau d'accueil des via ferrata

viaferratalecaire@sisteronais-buech.fr

Tel : 04 92 68 40 39



On your path...



The water (A)

Indeed, through this small ravine known as the “Sagnières” (marshes, wet meadows), the river spreads its blessings throughout the first part of the trail. As Saint-Exupéry said, “What flowed thus from the belly of the mountain was life; it was the blood of men.” These men knew how to use and channel this resource, as they have done here, in order to survive. Is it not the most abundant element on the planet? With a global volume estimated at 1,360 million km³, it is also the most abundant component of living matter: humans and animals are composed of about 71% water, green plants of 85%, and wood of 50%. In other words, this water flowing at your feet remains the most precious resource the earth can offer to humankind.

Attribution : Office de Tourisme La Motte du Caire