

Pic Saint-Cyr by mountain bike

Laragne / Méouge - Val Buëch-Méouge



Panorama depuis la montagne de St-Cyr (CCSB)



The view from the summit of Pic Saint-Cyr and the long ridge walk more than make up for the effort of the climb.

Follow the Mountain Bike Trail No. 9 (VTT N°9)

Useful information

Practice : Mountain Bike

Duration : 2 h 30

Length : 12.9 km

Trek ascent : 908 m

Difficulty : Hard

Type : Loop

Themes : Flora, Forest, Panorama

Trek

Departure : Parking lot in Antonaves

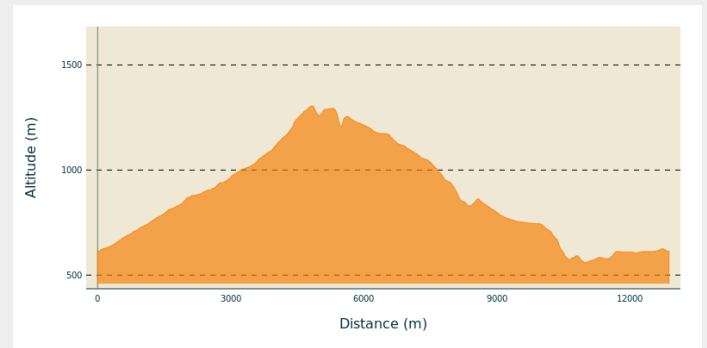
Arrival : Parking lot in Antonaves

Markings : 🚲 VTT

Cities : 1. Val Buëch-Méouge

2. Saint-Pierre-Avez

Altimetric profile



Min elevation 559 m Max elevation 1305 m

A very physically demanding route featuring a long, steady climb, a few sections where you'll have to carry your bike, and a long, technical, and varied descent. This route offers several magnificent views of the region and the Méouge Gorges. In the spring, the ridge is covered with alpine flowers, especially peonies.

On your path...



📍 Saint-Cyr peak (A)

All useful information

Advices

Trail for experienced mountain bikers: a long, steep climb and a portage at the end.

How to come ?

Transports

- Let's limit our trips and consider public transportation and carpooling: <https://zou.maregionsud.fr>
- On-demand transportation to the Méouge Valley and the Drôme region (book 24 hours in advance): 08 10 26 26 07

Access

From Sisteron (17 km), follow the D 948 to Antonaves (entrance to the Méouge Gorges).

Advised parking

Parking lot in Antonaves

Information desks

Office de Tourisme Sisteron Les Alpes provençales - bureau de Laragne

Place des Aires, N° 05300 Laragne-Montéglin

laragne@sisteron-alpesprovencales.fr

Tel : 04 92 65 09 38

<https://www.sisteron-alpesprovencales.fr/>



On your path...

Saint-Cyr peak (A)

Saint-Cyr peak offers a breathtaking view on the surrounding hamlets. When the weather is good, you can also observe from its ridge Ventoux Mount's hilly area, the Platte summit and Chabre Mountain.