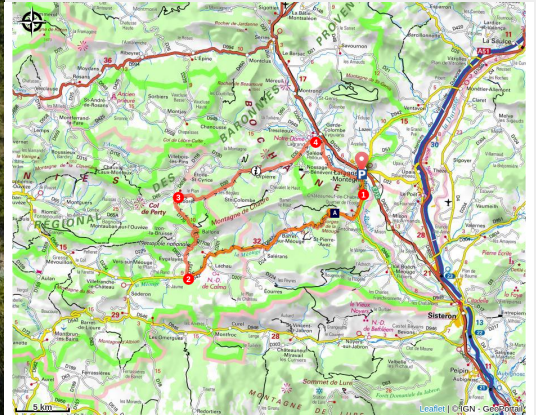


Bike loop around Chabre

Laragne / Méouge - Laragne-Montéglin



Les gorges de la Méouge (Ricardo Flores Espinosa)



This circuit allows you to discover the Méouge-canyon, to ride alongside the Lavender roads, to enjoy the view of the Céans valley and to discover the medieval village of Orpierre.

Circumventing the Chabre Mountain, free flight Mecca, this splendid circuit explores the Méouge gorges, flagship site of the Pays du Buëch. Its quiet roads offer you the opportunity to stroll along the paths and soak in the rather pleasurable atmosphere between Prealps and Provence.

Useful information

Practice : Cycling

Duration : 4 h

Length : 64.1 km

Trek ascent : 1199 m

Difficulty : Medium

Type : Loop

Themes : Lake, waterfall and river, Panorama, Summit and pass

Trek

Departure : Center of the village, Laragne-Montéglin

Arrival : Center of the village, Laragne-Montéglin

Markings :  Cyclo

Cities : 1. Laragne-Montéglin

2. Val Buëch-Méouge

3. Barret-sur-Méouge

4. Saint-Pierre-Avez

5. Salérans

6. Ballons

7. Lachau

8. Eygalayes

9. Izon-la-Bruisse

10. Laborel

11. Sainte-Colombe

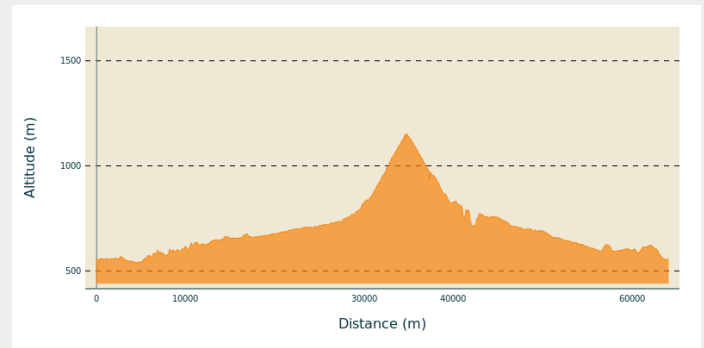
12. Orpierre

13. Étoile-Saint-Cyrice

14. Garde-Colombe

15. Saléon

Altimetric profile



Min elevation 539 m Max elevation 1155 m

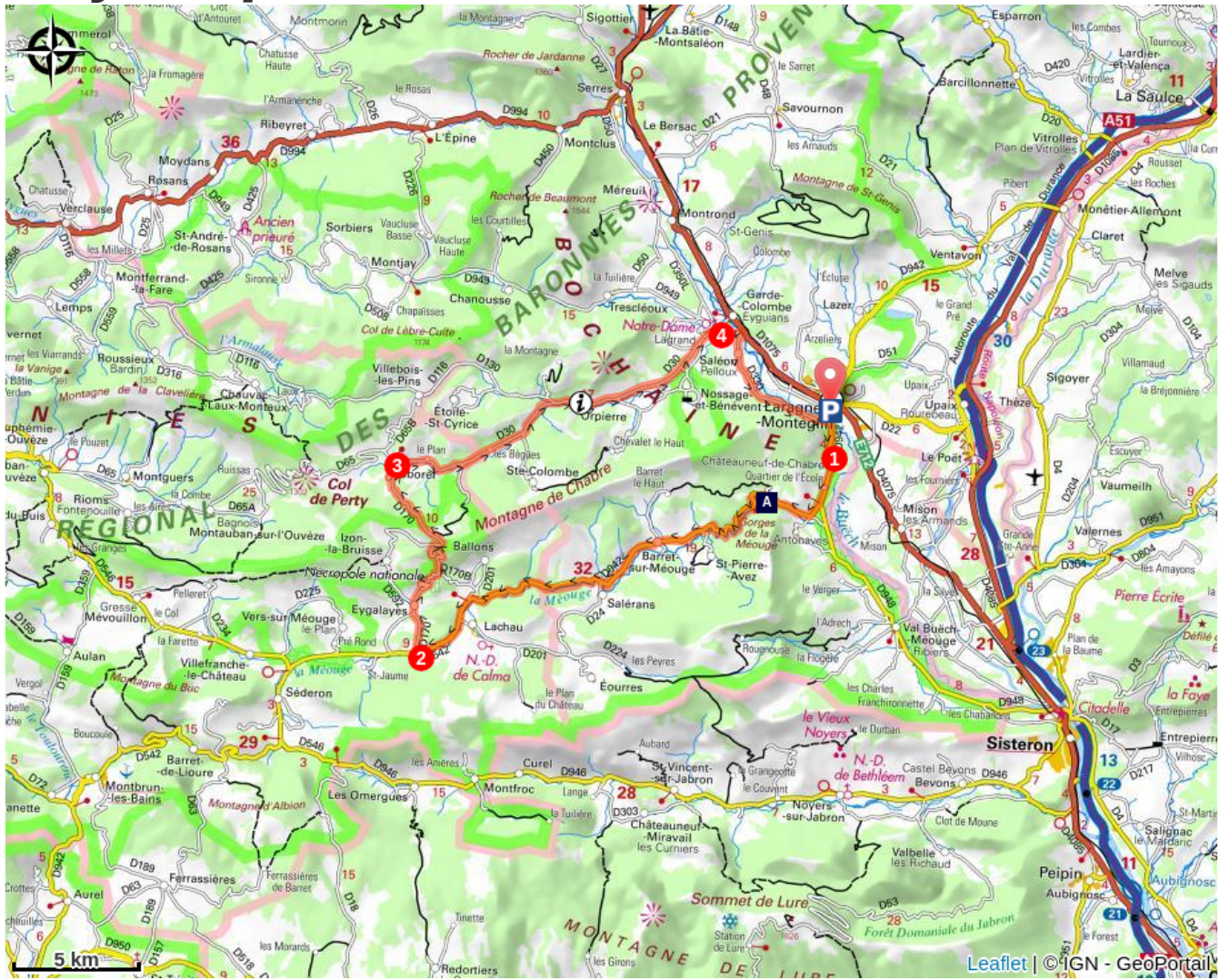
The first kilometers, starting in Laragne-Montéglin, take place on a beautiful and secure road until the Méouge canyon, via Châteauneuf-de-Chabre.

For the crossing of the gorges, natural landscape astonishing by its geological characteristics and its Romanesque bridge, you'll ride along a winding and slightly uphill road before climbing for a few kilometers in direction Chabre (marked route), which is an internationally renowned site for hang gliding.

Pass the gorges and Barret-sur-Méouge, you'll continue on a quiet and flat road, colorful and scented, bordered by long fields of lavender; then you'll enter the Drôme Provençale. After the village of Eygalayes, the Saint-Jean pass begins with its 6 km of slopes approaching 8% declivity.

Once you have reached its summit at 1,159 m above sea level and have taken a look at the panorama of the Ceans valley, you'll start a descent to Laborel and will continue on the "route des Princes d'Orange" following the course of the Ceans-River direction Orpierre, ancient city of the Baronnies, stronghold of the Princes of Orange in the 11th century. The return to Laragne-Montéglin is a ride through fruit orchards, at the foot of the hilltop village of Lagrand, then towards Saléon through a wooded road with reasonable hilly terrain.

On your path...



🌀 The Méouge canyon (A)

All useful information

Advices

- The Sisteronais Buëch is labeled "Espace Cycloport" by the French Cycling Federation and meets quality criteria for welcoming road cyclists.
- The ascent of Col Saint-Jean has slopes of around 8%.

How to come ?

Transports

- Limit travelling, use public transportation and carpooling:
www.pacamobilite.fr

Access

From Sisteron (18 km), follow the D 4075 then the D 1075 north to Laragne-Montéglin.

Advised parking

Parking du superpermarché Casino, Laragne-Montéglin

Information desks

Office de Tourisme Sisteron Buëch - bureau d'Orpierre

Place du village, None 05700 Orpierre

orpierre@sisteron-buech.fr

Tel : 04 92 66 30 45

<http://www.sisteron-buech.fr>



Office de Tourisme Sisteron Buëch - bureau de Laragne

Place des Aires, None 05300 Laragne-Montéglin

laragne@sisteron-buech.fr

Tel : 04 92 65 09 38

<http://www.sisteron-buech.fr>



On your path...



The Méouge canyon (A)

Shaped by the same named stream , the Gorges de la Méouge are breathtaking. Protected site (Natura 2000 Zone), the gorges offer marvelous viewpoints accessible by the surrounding trails.

Attribution : CCSB