Autour du lac de Mison by bike

Sisteron - Mison

Le lac de Mison (CCSB)

Stretching between the Buëch and Durance rivers, this roughly 20-kilometer route takes you on a tour of the area around Mison, including its castle and lake.

Useful information

Practice : Cycling

Duration : 2 h

Length : 18.6 km

Trek ascent : 235 m

Difficulty : Very easy

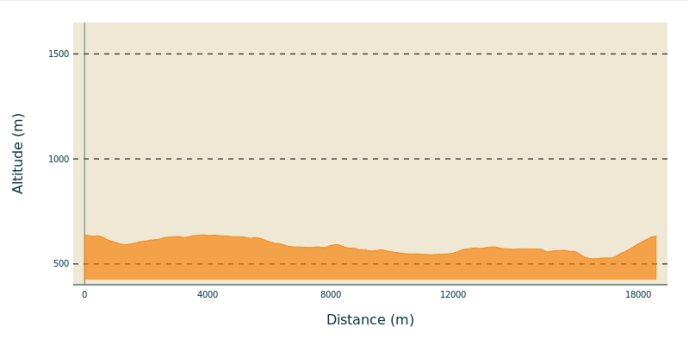
Type : Loop

Themes : History and architecture, Lake, waterfall and river

Trek

Departure : Castle parking lot in Mison Village
Arrival : Castle parking lot in Mison Village
Markings : Cyclo
Cities : 1. Mison
2. Upaix
3. Poët

Altimetric profile



Min elevation 525 m Max elevation 638 m

The loop begins at the foot of Mison Castle. Following the D124 and D324, the route leads to Lake Mison, a protected natural area designated by the department that offers beautiful views of the Alpine peaks (an ideal spot to rest or have a picnic). After passing through the village of Le Poët, the route runs alongside the canal several times before taking small rural roads back to the starting point.

On your path...

Francou
707
Lac de Mison
0,8
Le Poët
D622
D722
A51
Ventavon
Ruech
D324
les Fourniers
D4075
E712
les Œufs
Route
Autoroute du
Canal E.D.F. de Sisteron
1,1
Mison
les Armands
Mison
D124
la Maure
D24
D1085
Château
597
600
JAL-VTT
les Genélys
la Clapisse
Napoléon
Canal de Sisteron
Font Michelle
Chirombelle
500 m
Leaflet | © Cadastre - Carte © IGN/Geoportail

All useful information

Advices

- The Sisteronais Buëch region has been designated an “Espace Cyclosport” by the French Cycling Federation and meets quality standards for welcoming road cyclists.
- Suitable for beginners

How to come ?

Transports

Let’s limit our trips and use public transportation and carpooling: https://zou.maregionsud.fr

Access

From Laragne (7 km), take the D 1075, then the D 4075 south toward Mison.

Advised parking

Castle parking lot (Les Aires) in Mison Village

Information desks

Office de Tourisme Sisteron Les Alpes provençales - bureau de Laragne
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