Sentier des Moines (Monk path)

Serres - Serres

Panorama depuis la crête de Fontarache (CCSB)

Family hike to discover the historical and religious heritage of Serres. Along the way, the path passes in front of two chapels and a Hebrew tomb.

Useful information

Practice : Hiking

Duration : 2 h 30

Length : 6.6 km

Trek ascent : 406 m

Difficulty : Easy

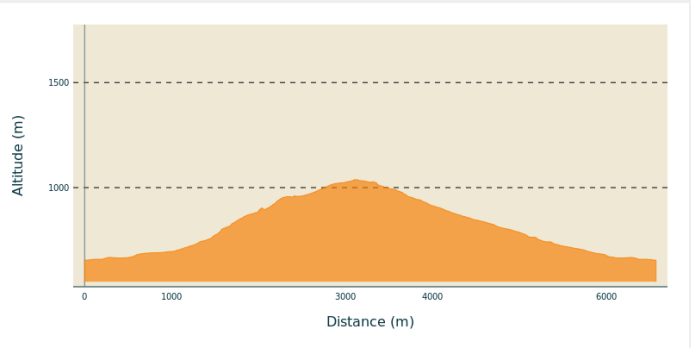
Type : Loop

Themes : Fauna, History and architecture, Summit and pass

Trek

Departure : Tourist office, Serres
Arrival : Tourist office, Serres
Markings : PR GR
Cities : 1. Serres

Altimetric profile



Min elevation 652 m Max elevation 1038 m

1. Join the fountain on the opposite side of the roundabout, in front of the Tourist Office. Go up "rue Saint-Claude" on the right, then turn left and immediately right to take the "Chemin de la Guérite". Follow then on the opposite side the "rue du Château", and further to the right, climb the stairs of the "chemin de la Chapelle", leading to the Molend tower and the chapel. Continue on the path that winds its way up under the pine trees, passing in front of the Jewish tomb.
2. Go around the pointed rock (842 m) and continue on the ridge of Fontarache. The path follows the ridge among limestone blocks , boxwood and pubescent oaks, up to Col de Saumane (1031 m).
3. At the pass, turn left, direction Serres, and 10 m further on to the left, follow the path which crosses the forest track several times.
4. At the end of the path, continue on the left by the track and pass in front of the Chapelle de Saumane. The track turns into a tarred track and reaches Serres. Enter the village of Serres and arrive near the college ("Les Ecoles" post). Take the 2nd left to pass on the Esplanade Sainte Catherine (alongside the school). by continuing through the alleys and vaulted passages you'll reach the Tourist Office.

On your path...

- Pointed rock (A)
- Viewpoint (B)
- Crête de Fontarache (C)
- Saumane Pass (D)

All useful information

Advices

- After returning from the hike, it is highly recommended to visit Serres. This village bears witness to a rich past with vaulted passages (soustets) and more.

How to come ?

Transports

Let’s limit our trips and use public transportation and carpooling: https://zou.maregionsud.fr

Access

From Laragne-Montéglin (17 km), follow the D 1075 north-west to Serres.

Advised parking

Tourist office parking in Serres

Information desks

Office de Tourisme Sisteron Les Alpes provençales - bureau de Serres
Place du Lac, 05700 Serres
serres@sisteron-alpesprovencales.fr
Tel : 04 92 67 00 67
https://www.sisteron-alpesprovencales.fr/

On your path...

Pointed rock (A)

This Pointed Rock dominates the Sentier des Moines. It stands out due to its shape. It emerges from the ground and overlooks the surroundings and offers a beautiful view of the village of Serres, its valley and the Buëch river. Its characteristic pointed shape is impressive and makes it the geological specificity of Serres.

Viewpoint (B)

The Sentier des Moines dominates the Serrois valley and offers beautiful views of the area, especially from the ridge Crête de Fontarache .

Crête de Fontarache (C)

The Crête de Fontarache is an essential passage between Serres and the Col de Saumane for hikers following the Sentier des Moines.

Saumane Pass (D)

The Saumane Pass (1029 m) allows you to reach Serres via the Chapelle de Saumane or the ridge Crête de Fontarache. It also allows access to the Rocher de Jardanne and to reach the village of Sigottier. This grassy path, shaded by trees offers an ideal venue for a break or a picnic in calm weather.